



WILDERNESS MATTERS

Maine Chapter
Appalachian Mountain Club
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Through-Hiking the Pacific Crest Trail from Mexico to Canada

A Meetings & Education Evening Event

Two Dates: October 3rd in Brunswick and November 7th in Bangor



With fellow thru-hikers atop 14,505-foot Mt. Whitney, Sequoia National Park, California

2,660 miles straight through in five months! Wayne Newton, AMC Maine Chapter member and an accomplished through-hiker, hiked the entire Pacific Crest Trail (PCT) in 2012. He got off the bus at the Mexico/U.S. border and started walking north to the U.S./Canada border.

Now when you or I set out for a walk, most likely it's to get a bit of exercise before work or before we move on to our list of things to do. Occasionally, perhaps, some of us can get away for a longer hike, over a weekend, say, or even for a week. Not Wayne. When Wayne starts a hike he intends to be gone for a bit longer.

On the PCT, Wayne hiked day after day for nearly five months, often covering 25 miles and sometimes even logging 30 miles in a single day, only to get up the next morning and start hiking again. He walked through seven national parks, including Sequoia, Yosemite, Rainier, and North Cascades.

Along the way Wayne hiked across snow, through streams, and around forest fires; ran into occasional other hikers; and saw wildlife, desert landscapes, mountain vistas, sunsets, and gorgeous views.

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Hiking through Baxter State Park from Gate-to-Gate

A Meetings & Education Evening Event: October 30th in Brunswick

Sometimes "dream trips" linger on the to-do list for quite some time, like this dream of AMC Maine Chapter member Carey Kish, a Maine-based adventurer, writer and photographer who makes it his business to do the adventures the rest of us just dream about. But thinking about it long enough just makes doing it all the sweeter, and after years of tossing it around in his head, Carey finally planned it for real, scheduled it, and completed it.

In late summer Carey and his wife Fran Leyman embarked on a backpacking trek that took them from Togue Pond Gate at the southern end of Baxter State Park to Matagamon Gate in the far northeast corner. Because this was a long-term dream, they didn't want to rush through it. Over 12 mostly leisurely days the pair covered about 90 miles total while combining all or a portion of at least a dozen trails on this winding and scenic wilderness journey, a Baxter thru-hike.

Four food drops stashed along the way as well as nights spent in lean-tos and one cabin meant reasonably light packs. From Katahdin to Doubletop, Nesowadnehunk to Russell Pond, South Branch Pond to the Freezeout Trail, it was a long but leisurely walk that proved very much worth the wait.

On **Wednesday, October 30th**, join **Carey and Fran at the Curtis Memorial Library, 23 Pleasant Street in Brunswick, for a potluck dinner at 6pm and their talk and slide show at 7pm**, when the two will share their photos,



North Turner Mtn. from Russell Pond, BSP

tales and joy (and challenges) about walking through Baxter State Park.

Bring a potluck item to share and your own dinnerware (plate, utensils etc.). Drinks will be available. Or, simply come for the talk at 7pm. Both potluck and talk are free and open to the public. See driving directions at www.amcmaine.org under Meetings & Education committee. FMI, email Education Chair John Mullens at education@amcmaine.org.



Fran at Wassataquoik Lake, Baxter State Park

OUTINGS/EVENTS/ MEETINGS/EDUCATION

A Note about the Listings

The listings below—presented in date order by category—include only those posted online prior to the submission deadline for this issue of Wilderness Matters. **For the most complete and accurate information and up-to-date listings—and so you don't miss spontaneous outings—please periodically check out the calendar online at www.amcmaine.org/calendar.**

For general questions or comments regarding these listings, contact Michelle Moody, Outings Chair, outings@amcmaine.org or (207) 319-7355.

Note: Please be courteous when contacting trip leaders by doing so before 9:00 PM unless otherwise specified, please and thanks.

Next Deadline for Wilderness Matters (Winter Issue) is

December 1st. Wilderness Matters is your chapter newsletter. Everyone is welcome and encouraged to contribute, be it stories, news, opinions, photos, or whatnot. We want to hear from you! Please send submissions to newsletter@amcmaine.org. Thank you!

MEETINGS & EDUCATION

Executive Committee Meeting, Freeport.

Maine Chapter Executive Committee meets every odd month (January, March, May, July, September, and November) on the second Thursday to discuss chapter business. Chapter members are welcome to attend. Contact: chair@amcmaine.org or excom@amcmaine.org. **Next ExCom meeting is November 14.**

Wilderness Matters

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Thursday, October 3: Through-Hiking the Pacific Crest Trail (Brunswick Talk). Walking non-stop 2,660 miles from Mexico to Canada along the Pacific Crest Trail, Maine native Wayne Newton accomplished a rare feat. Hear how he did it. **Curtis Memorial Library, Brunswick, 6pm potluck, 6:45pm talk.** John Mullens, 207-361-1210, education@amcmaine.org.

Thursday, October 17: Thoreau's Travels in Maine. Thoreau made three historic journeys through the Maine wilderness. Paul Johnson and Maine Woods Forever preserve his trails so we can make the same journeys and share his inspiration. **Bangor Public Library, Bangor. 6:30pm.** Leader: John Mullens, 207-361-1210, education@amcmaine.org.

Wednesday, October 30: Hiking through Baxter State Park from Gate-to-Gate. A 90-mile hike along a dozen winding and scenic wilderness trails through Baxter State Park from Togue Pond Gate in the south to Matagamon Gate at the north end made for an excellent 12-day adventure for Carey Kish and Fran Leyman. **Curtis Memorial Library, Brunswick, 6pm potluck, 7pm talk.** Leader: John Mullens, 207-361-1210, education@amcmaine.org.

Saturday, November 2: Maine Chapter Annual Meeting. DiMillo's Floating Restaurant, Portland. **Complete details and registration information on Page 8.** Leader: Larry Dyer, 207-655-9097, chair@amcmaine.org. Registrar: Roger David 207-737-9870, vice@amcmaine.org.

Thursday, November 7: Through-Hiking the Pacific Crest Trail (Bangor Talk). Walking non-stop 2,660 miles from Mexico to Canada along the Pacific Crest Trail, Maine native Wayne Newton accomplished a rare feat. Hear how he did it. **Bangor Public Library, Bangor, 6pm.** Leader: John Mullens, 207-361-1210, education@amcmaine.org.

Tuesday, November 12: Tips and Tricks for Successful Long Distance Hiking. Join veteran thru-hiker and author Dan Feldman of Portland for a great talk on his brand new book, *Long-Distance Hiking*. **Freeport Public Library, Freeport, 6pm potluck, 7pm talk.** Leader: Fran Leyman, 207-838-9660, education@amcmaine.org.

Thursday, December 19: AMC August Camp in Washington. Join Chapter members Michelle and Stan Moody on a photo journey through the grand mountain scenery of the North Cascades. **Curtis Memorial Library, Brunswick, 6pm potluck, 7pm talk.** Leader: Fran Leyman, 207-838-9660, education@amcmaine.org.

OVERNIGHT TRIPS

Friday, October 11 - Sunday, October 13: Young Members Katahdin Columbus Day Weekend. Join us for a weekend at Baxter State Park. Leader: Kim Sanders, 207-712-0862, kimberlyannanders@gmail.com.

Friday, October 18 - Sunday, October 20: Donnell Pond Camping/Hiking. Fall camping and hiking in the Donnell Pond Public Reserve Land area are spectacular. We'll be camping at the Donnell Pond beach Friday and Saturday nights. Hike in of 1/2 mile. Saturday we will hike Black Mountain then down to a secluded and beautiful beach on Tunk Lake, about 5 1/2 miles round-trip. Sunday morning we will hike Schoodic Mountain with its panoramic views of Acadia, the coast and inland mountains, a 2.8-mile loop hike. Other hiking opportunities depending on the group's preferences. Join us for one or two nights camping, or just for one of the hikes. Leader: Judy Oneal, judyoneal@fairpoint.net.

Monday, February 17 - Friday, February 21: Claybrook Mountain Lodge Ski Week. Day trips and cross country skiing on the Maine Huts and Trails system. Stay at a nearby lodge. Enjoy home cooked meals and learn about the area from a Maine Guide. Leader: Ginette Beaudoin, 207-294-6302, ginette4000@yahoo.com.

TRAIL WORK

Friday, October 11 to Monday, October 14: Boundary Work

- **Gorman Chairback Lodge and Cabins.** Stay at AMC's newest lodge on the Maine Woods Initiative property and help maintain a few of the 66 miles of boundary lines while enjoying peak foliage, wonderful hospitality, amazing volunteers and the great northern Maine woods. This trip fills quickly so don't just sit there, call reservations now! Thanks. Leader: Peter Roderick, 207-293-2704, roderick1027@fairpoint.net.

Friday, October 11 to Monday, October 14: Trail Work - Little

Lyford Lodge and Cabins, MWI Maine. Join us for fun work weekend maintaining some of the hiking trails on the Maine Wood Initiative lands. Peak foliage, no biting insects, photogenic moose, great food and lodging, wonderful volunteers. It is as good as it sounds, maybe better! Leader: Peter Roderick, 207-293-2704, roderick1027@fairpoint.net.

For the most complete and accurate information and up-to-date listings—and so you don't miss spontaneous outings—please periodically check out the calendar online at www.amcmaine.org/calendar.

HIKING

Sunday, October 06: Baldface Circle Loop (Young Members).

Challenging 9.8 miles round-trip over the Baldfaces with 3,600 feet of elevation gain. Open summits, ridge walk, some steep sections. Leader: Sarah Keats, 207-756-4226, slkski@gmail.com.

Saturday, October 05: Puzzle Mountain (3,133 feet). 6.5-mile strenuous hike in Grafton Notch in Newry. Elevation gain of 2,400 feet. Great views. Leader: Lorraine Hussey, 207-619-9444, RNLhussey@maine.rr.com.

Saturday, October 19: Full Moon Walk. Moonlight walk in Biddeford Pool and East Point Sanctuary. Leader: Lorraine Hussey, 207-619-9444, RNLhussey@maine.rr.com.

Tuesday, November 05: Cathance River Preserve Hike (Age 50+). Beautiful woods walk along a pristine stream. Leader: Michelle Moody, 207-319-7355, meamc@micstan.us.

Saturday, November 09: Camden Hills Fall Hike. Leaves will be down and the views great. 1,000' elevation gain. Leader: Michelle Moody, 207-319-7355, meamc@micstan.us.

Sunday, November 10: Morse Mountain and Beach Hike. Lovely hike down a old road through the woods to Sewall Beach. Views on the way. Leader: Michelle Moody, 207-319-7355, meamc@micstan.us.

Sunday, November 10: Blueberry Mountain (1,780 feet). 4-mile hike in Evans Notch. Elevation gain 1,000 feet. Great views from open ledges. Leader: Lorraine Hussey, 207-619-9444, RNLhussey@maine.rr.com.

Wednesday, January 01: Sawyer Mountain (1,180 feet). 3.6-mile hike on rough woods road. Elevation gain 600 feet with interesting views. Leader: Lorraine Hussey, 207-619-9444, RNLhussey@maine.rr.com.

For the most complete and accurate information and up-to-date listings—and so you don't miss spontaneous outings—please periodically check out the calendar online at www.amcmaine.org/calendar.

WINTER HIKING WORKSHOP

Saturday, December 14: Winter Workshop and Hiking Series.

Winter workshop season is coming up. Check calendar online at www.amcmaine.org/calendar for latest details and final dates for follow-up workshop outings. Leader: Michelle Moody, 207-319-7355, meamc@micstan.us.



Looking for female walking partners for walks at the Presumpscot River Preserve in Portland (part of the Portland Trails system). 1-2 times a week, before work or school, at lunchtime or after work. Easy pace. Dogs welcome. Here is a description from Portland Trails of the area we will be walking: "This exceptionally beautiful trail follows a deep ravine away from the residential neighborhood... Boardwalks and bridges pass over wet areas... spectacular river views." www.trails.org/our-trails/presumpscot-river-preserve. If interested, please contact Denise at d.braut@yahoo.com.

Adventure Travel Training Workshop

Visit some of the most exciting places in the world as the leader of an AMC Adventure Travel Trip! The next Adventure Travel Training workshop will be held November 15-17, 2013 at the White Memorial Conservation Center in Litchfield CT.

The weekend workshop provides important training to people who have AMC activity leadership experience (no beginners please) to transition from leading weekend chapter activities to more complex and longer trips, domestically and overseas. Previous outdoor leadership training is highly desirable.

It emphasizes planning, cost estimating, trip management, people skills, and risk management. You'll also learn procedures and guidelines for researching, proposing, and leading Adventure Travel trips and have the chance to exchange ideas, problems, and solutions with some of the AMC's most skilled leaders. The training's small group size assures abundant discussion and access to instructors.

FMI, visit www.outdoors.org/recreation/adventure-travel/index.cfm.



AMC Welcomes New Maine Program Associate



The AMC is excited to announce that Kaitlyn Bernard has joined us as the new Maine Program Associate based in Portland. Kaitlyn will be focused on Maine conservation policy and advocacy, the Great Maine Outdoor Weekend, the Maine Outdoor Coalition, and generally making AMC's efforts successful in Maine. Of course, working with the Chapter will be an important aspect of her role.

Kaitlyn is a recent Colby College Environmental Studies graduate from Fort Kent, Maine. She spent two summers as an intern in the offices of Senator Susan Collins in Maine and Washington, D.C., and completed an extensive internship with the Natural Resources Council of Maine in Augusta focusing on North Woods policy issues.

Kaitlyn has been a competitive biathlon and Nordic skier, and more recently has been a dedicated founder, coach and mentor to a new Waterville-area middle school ski team and local youth ski club. Until August 25th you would have found her at L.L. Bean's Outdoor Discovery School with their new Kids Camp program. But now you'll find her in AMC's Portland office. I hope you all will get the chance to meet Kaitlyn soon!

—Bryan Wentzell, AMC Maine Policy and Program Director,
bwentzell@outdoors.org

Lindsay Bourgoine Leaving for Colorado



While we are excited to welcome Kaitlyn Bernard to the AMC here in Maine, we will, of course, miss Lindsay Bourgoine, who has done an incredible job as the Maine Policy Associate for the last 3+ years. Lindsay has started a new position with the Outdoor Industry Association based in Boulder, CO as the Government Affairs Manager,

-serving as a liaison between outdoor equipment companies and federal policy issues, with a strong focus on conservation and recreation policy. We all wish Lindsay the very best of luck!

Maine Chapter Has New Volunteer Naturalists

Greetings from Lisa and Jeff Pengel, recent graduates of the Maine Master Naturalist year-long program held at Bates College in Lewiston. We have also recently completed the AMC volunteer naturalist training program at Cold River Camp.

Our reason for becoming AMC volunteer naturalists is so we can share our love of natural history to others, while enjoying one of our favorite activities, which is hiking (and soon to be cross-country skiing – pray for lots of snow!).

Our first volunteer naturalist stint for AMC was held at Madison Hut this past July. We had been told to expect anywhere from zero to fifty participants. I'm sure that many readers will agree that after a long hike and then a huge and delicious dinner at the hut, we just wanted to head to the bunkroom to chill.

It happened by chance that the night we were at the hut there was an all volunteer croo as the regular croo was out on a mini-vacation. The volunteer croo asked if Jeff and I could do a mini-program just before dinner to help them clear out the dining room before dinner. They also asked if we could do our regular program after dinner.

Since we had previously walked the trails around the hut and over to Starr Lake, we knew where there were some rare species



of plant life (Boott's rattlesnake-root), some beautiful lichens (White worm Lichen, Target Lichen, Map Lichen), and of course the usual suspects above treeline, the alpine flowers (Mountain Avens), and conifers. So we had plenty of topics to talk about!

At 5:30pm we had about 20 participants out on the front porch listening to our mini-presentation, which we decided to do on the mountain watch program since we knew that the participants were all starving and really didn't want to go for a walk down to Starr Lake, or even leave the porch for that matter.

After dinner we announced that we had 20 hand lenses for participants to use and we were going to examine lichens! This got the attention of about 15 participants who followed us down the path to Starr Lake. Along the way we examined and explained the life of lichens, the alpine ecology, and a bit of geology (have you seen Moon Rock?).

The participants asked some great questions, were engaged, and enjoyed the hand lenses. We can always tell when they are using the hand lenses properly while looking at lichens for the first time because invariably we hear an "oh my!" or a "wow!" or "I had no idea!"

Our second stint was at Carter Hut, also in July and just as fabulous!

I would like to see an AMC Volunteer Naturalist gathering in the near future so we can all get together and discuss what works, what participants enjoy, maybe do some training amongst ourselves. It's all about teamwork!

—Lisa and Jeff Pengel, lisainmaine3@yahoo.com

This accomplishment puts Wayne in rare company. According to the PCT website (www.pcta.org), only about 350 people were successful through-hikers in 2012. It's no surprise that Wayne was one of them. He began long-distance through-hiking when he retired 15 years ago and has since hiked not only the Long Trail in Vermont but the entire 2,180-mile Appalachian Trail three times. In fact, Wayne has logged more than 10,000 miles of long-distance hiking.

Wayne has been and continues to be an inspiration to many aspiring hikers of all ages and abilities. Take advantage of this opportunity to experience Wayne in person, hear his stories, learn how he became a proficient hiker, and get a sense of how he achieves these remarkable accomplishments.

On **Thursday, October 3rd** join Wayne at the **Curtis Memorial Library, 23 Pleasant Street in Brunswick, for a potluck dinner at 6pm and his talk at 6:45pm**, when he will bring the PCT to life, sharing anecdotes, tales, and penetrating slides of the western vistas.

Two things will be different with this M&E program. First, Wayne will show a select version of his photos during the potluck. These will be un-narrated but remarkable views from along the trail. Second, the program will start at 6:45 (not 7pm) to give Wayne a little more time to cover the highlights of the 2,660 miles of the Trail. His slides during the talk will not repeat any of the images shown during dinner.



Banner Peak, Ansel Adams Wilderness, Sierra Nevada Range, California

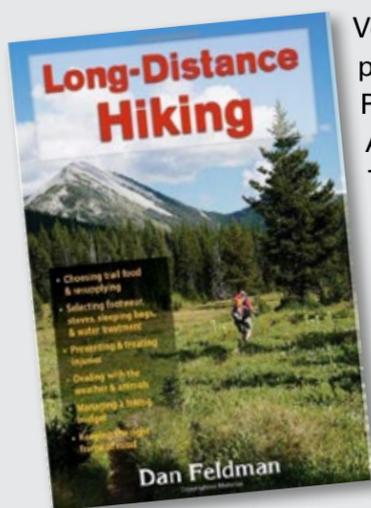
Bring a potluck item to share and your own dinnerware (plate, utensils etc.). Drinks will be available. Or, simply come for the talk at 6:45pm. Both potluck and talk are free and open to the public. See driving directions at www.amcmaine.org under meetings and education committee.

On **Thursday, November 7th** join Wayne at the **Bangor Public Library in Bangor for his PCT program starting at 6pm** (no potluck).

FMI, please email Education Chair John Mullens at education@amcmaine.org.

Tips and Tricks for Successful Long Distance Hiking

*A Meetings & Education Evening Event:
November 12th in Freeport*



Veteran thru-hiker Dan Feldman, a pediatric physical therapist from Portland, has hiked the entire Appalachian Trail and Pacific Crest Trail and made a good attempt on the Continental Divide Trail. Feldman took the many lessons he learned from these big hikes and put them all into a great new book entitled *Long-Distance Hiking*. In it he talks about choosing trail food and resupplying; selecting footwear, stoves, sleeping bags

and water treatment; preventing

and treating injuries; dealing with weather and animals; managing a hiking budget; keeping the right frame of mind and much more. **On Tuesday, November 12th, join us for this entertaining program at the Freeport Public Library, Freeport Community Library, 10 Library Drive in Freeport for a potluck dinner at 6pm and Dan Feldman's talk and slide show at 7pm.** Bring a potluck item to share and your own dinnerware (plate, utensils etc.). Drinks will be available. Or simply come for the talk at 7pm. Both potluck and talk are free and open to the public. See driving directions at www.amcmaine.org under Meetings & Education committee. FMI, email Education Co-Chair Fran Leyman at education@amcmaine.org.

AMC August Camp in Washington's North Cascades

*A Meetings & Education Evening Event:
December 19th in Brunswick*

Join Michelle and Stan Moody, AMC Maine Chapter leaders, on their photo journey of the Northern Cascades. The pair led hikes and an overnight canoe trip this year for AMC's August Camp, which was located



near Concrete, Washington. The scenery is reminiscent of the Alps with snow covered peaks, pristine lakes, waterfalls and wildflowers. The Moodys spent a second week repeating the best hikes each had done and then took in breathtaking views down the Mountain Loop Highway as they headed back to Seattle. **On Thursday, December 19th, join Michelle and Stan at the Curtis Memorial Library, 23 Pleasant Street in Brunswick, for a potluck dinner at 6pm and their talk and slide show at 7pm.** Bring a potluck item to share and your own dinnerware (plate, utensils etc.). Drinks will be available. Or simply come for the talk at 7pm. Both potluck and talk are free and open to the public. See driving directions at www.amcmaine.org under Meetings & Education committee. FMI, email Education Co-Chair Fran Leyman at education@amcmaine.org.

AMC in Maine – the Big Picture (Part 2 in a Series: Conservation Policy)

By Bryan Wentzell, AMC Maine Policy and Program Director, bwentzell@outdoors.org, 207-899-0150

Does AMC have a position on climate change? Do we lobby Congress in Washington, D.C.? Do we lobby in Augusta? Do we advocate for the Maine lands bond referendums that support conservation funding? The answer to all of these is **“YES!”**

The AMC takes great pride in its long history of using advocacy (lobbying and pressure by our members on decision-makers) to protect the lands, mountains, trails, waters, and the air we breathe. We focus on the issues that most effect outdoor recreation interests, and rely on science and our research team as the basis for our policy decisions.

As early as 1907 the AMC called on its members to lobby Congress to protect the White Mountains, which is today the White Mountain National Forest and one of New England’s biggest conservation success stories.

In Maine we have been working for twenty years to conserve the Northern Forest, the largest contiguous forest in the Eastern United States, of which the “Maine Woods” is a very significant part.

Our research staff uses GIS mapping technology to focus on the most important areas for recreational and ecological importance. We partner with other groups to conserve large tracts of undeveloped forestland, stressing recreational values and sustainable forestry practices like those we demonstrate on our own MWI lands. We lobby in Augusta and D.C., and encourage our members to communicate to elected officials, for conservation funding programs that make this land conservation possible.

We keep an eye on our public lands – State Parks and Public Reserve Lands – which many of our members enjoy for camping, hiking and paddling. We need to ensure that they are getting adequate funding, and that their management gives appropriate weight to non-motorized and remote backcountry recreation and ecological protection.

We work with and track the Land Use Planning Commission,



the body that regulates development and land use planning in the Maine Woods. With 10 million acres of largely undeveloped forestland at stake, it is one of the most important committees of unelected officials in the state.

Our research team has studied and mapped the high-elevation spruce-fir subalpine forest ecosystems in Maine and throughout the Northeast, and actively guard against wind power development that will impact

the highest-value areas. For this reason, AMC’s research and opinion on wind power siting is highly regarded throughout the region by wind developers and policy makers alike.

We closely track and advocate on clean air rules and bills in D.C. and across the region that impact the air we breathe and our efforts to combat climate change. While air quality in our region has improved over the last few decades thanks to important pollution laws, we still see too many days with poor visibility in our mountains and negative health impacts to those of us who recreate outdoors.

While you won’t find our Maine Policy staff in Augusta every day, we are diligent in tracking bills in the State House that could have a positive or negative impact on our recreation and conservation interests. Recent examples include open-pit mining, merging the Departments of Conservation and Agriculture, brook trout habitat or timber harvesting on our public lands.

I encourage AMC members to join our Conservation Action Network so we can keep you informed on these issues, and we can tell you when we need you most to pick up the phone and call your senator or state representative. Please email or call with questions or more information! In the end, **YOU** are AMC’s most powerful advocacy tool.

AMC’s Conservation Action Network:

http://online.outdoors.org/c.gsJMKZPGJrH/b.8545907/k.FB9F/Conservation_Action_Network_Take_Action/siteapps/advocacy/ActionCenter.aspx.



Maine Chapter Volunteers Wanted

Your Maine Chapter is looking needs your dedicated help and more of your involvement as leaders and volunteers. Please consider joining us!

The chapter has the following vacancies on our Chapter Executive Committee: **Vice Chair, Conservation, Outings, Trails and Membership/Publicity**. These vacancies have occurred through normal circumstances. Please consider helping out as either as a chair, officer, or committee volunteer.

Descriptions for each of these volunteer positions can be found at: www.amcmaine.org/volunteer.

FMI, please contact Paul Hahn, Chair of the AMC Maine Chapter Nominating Committee at **207-222-2837** or paulgohahn@gmail.com, or any other Committee member at the e-mail addresses or phone numbers listed herein. Thank you!



Young Members Stay at Gorman Chairback Lodge in the AMC's Maine Woods Property

The Maine Chapter's Young Member co-chair, Sarah Keats, organized another great event over this past Labor Day weekend. Fourteen New Englanders arrived open and ready for whatever the weekend might bring, eager to experience the Maine Woods as individuals and as a group.

Gary Dethlefsen and his staff at Gorman Chairback Lodge provided excellent hiker hospitality, and in addition to knowledge about local attractions, they provided us a guide for our hikes. Lodge staff was quick to set a spot at the table for those folks whose travel plans put them there after the prompt 6:00pm dinner hour. The meals are family style, so we quickly got to know each other as we asked our neighbors to pass the salmon, salad, and vegetables (fresh from the garden). The food was plentiful, filling, and delicious! Even the children had empty plates.

Our group was one of the first to hike the full 8 miles of Gulf Hagas this year. Views of the West Branch of the Pleasant River as it winds its way through the gorge, with its waterfalls, pools,



and chutes were stunning, perhaps more so in contrast with the gray overcast day. A registered natural landmark, Gulf Hagas is popularly known as the "Grand Canyon of Maine."

On Sunday, some group members hiked Third Mountain, while others paddled in canoes, kayaks, and paddleboards on Long Pond (gear provided). Fishing, swimming, lounging on the dock, and relaxing by the outdoor fire pit were other ways people found to spend their time.

It was a wonderful way to spend the last unofficial weekend of summer. We look forward to going back again, perhaps a trip in the winter.

To find out more about the AMC's Maine Woods Property and the Maine lodges, visit www.outdoors.org. To find out more about the Maine Chapter Young Members, please email youngmembers@amcmaine.org.



Young Members Interchapter Camping Weekend *A Great Turnout and Lots of Fun!*

The Maine Chapter Young Members' goal is to keep people in their 20's and 30's and the young at heart involved in AMC activities. We are hoping to increase young membership in the AMC and ensure that the Maine Chapter remains strong and active well into the future. The Young Members committee will work in conjunction with other chapter Young Member committees to plan workshops, trips, and events geared towards younger members.

This past July, the Maine Chapter Young Members group held their first ever Interchapter Camping weekend at Rangeley Lake State Park. Folks drove from all over New England representing Connecticut, Rhode Island, New Hampshire, and Maine to camp, hike, swim, canoe or kayak and connect with other outdoor enthusiasts. Sarah Keats, Co-Chair and Trip Leader for the Maine Chapter Young Members, did an incredible job organizing this fun-filled event. Several other volunteers also made this weekend even better, like Margaret Kimball-Curtis from Maine, who generously offered to cook a big spaghetti dinner to kick off the festivities Friday evening.

During the weekend, Maine chapter leaders Sarah Keats and Mike Boutin led a hike to Saddleback Mountain and The Horn while another impromptu group gathered to explore the Bigelow Mountain range. Others took it easy with shorter hikes nearby



and explored beautiful and pristine Rangeley Lake via kayak. All reconvened in the evening for swimming, a potluck dinner, and then gathered to relax and share stories by the campfire.

There was something for everyone throughout the camping weekend and individuals remarked that they hoped this would become an annual event. The Young Members Group offers several opportunities to come together to camp, hike, or stay at one of AMC's huts or Lodges, throughout the year.

—Denise Fredette

Go Paperless- Wilderness Matters

Do you prefer to receive this newsletter electronically, sent directly to your e-mail inbox? Register through AMC's Member Center at www.outdoors.org. If you have difficulty, please call the AMC Membership Department at 1-800-372-1758 (M-F, 9-5 PM EST) or e-mail amcmembership@outdoors.org.

Maine AMC on Facebook!

The AMC Maine Chapter now has its own Facebook page. Please "Like" us to share trip photos, trail conditions, tips, and news. Our page will also offer updates on what's happening in Maine environmental issues, in case there is something you can do to help protect the landscapes and waters we all cherish. Find the page by searching for "Maine AMC."



AMC Maine Chapter 2013 Annual Meeting Announcement

This year's annual meeting will again be held at DiMillo's Floating Restaurant on Commercial St. in Portland on Saturday, November 2nd. We are excited to again have AMC President John Judge as our guest speaker! Please join us for a fun and social evening!

- Agenda:**
- 5 PM** Social hour (cash bar)
 - 6 PM** Dinner
 - 7 PM** Business meeting
 - 8 PM** Featured Speaker: John Judge, new AMC president

The meal will consist of salad, lobster bisque, a choice of one of the following: farfalle with lemon asparagus and mascarpone, baked stuffed chicken breast, apple and sausage stuffed pork chop with sage butter, broiled haddock, or cider pork cabbage. Finish the meal with a piece of sour cream chocolate cake.

Cost is \$35 per person, which covers the meal, gratuity and tax. Parking is free. Please make checks payable to AMC Maine Chapter and send to Larry Dyer, 10 Homestead Rd., Casco, Maine 04015.

To register, please complete the registration form below and mail to: **Roger David, PO Box 78, Dresden, ME 04342. You can also register and pay online at <http://www.amcmaine.org/2013-annual-meeting>.**

It is important to register early as space is limited. FMI, contact Larry Dyer at 207-655-9097 or chair@amcmaine.org. We hope to see you at this year's annual meeting!



REGISTRATION FORM

**AMC Maine Chapter – 2013 Annual Meeting – Saturday, November 2nd
DiMillo's Floating Restaurant in Portland, 25 Long Wharf (off Commercial Street)**

Name: _____ Phone Number: _____

Email address: _____

Mailing Address: _____

City: _____ State: _____ Zip: _____

Cost per person is \$35, which includes free parking and two appetizers, a main course, and dessert. Please make checks payable to **AMC Maine Chapter** and mail to **Roger David, PO Box 78, Dresden, ME 04342**. You can also register and pay online at <http://www.amcmaine.org/2013-annual-meeting>.

MENU

- Caprese salad and lobster bisque
- **Select ONE of the following: please, don't forget to check one**
All entrees include chef's choice of vegetables, thyme-roasted potatoes, Italian bread, coffee, tea or soda.
 - _____ Farfalle with lemon asparagus and mascarpone
 - _____ Baked stuffed chicken breast
 - _____ Apple and sausage stuffed pork chop with sage butter
 - _____ Broiled haddock
 - _____ Cider pork and cabbage
- Sour cream chocolate cake

PLEASE REGISTER EARLY AS SPACE IS LIMITED.THANK YOU!