



MAINE CHAPTER

YOUR CONNECTION TO THE OUTDOORS

Maine Chapter
Appalachian Mountain Club
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Portland, Maine 04101

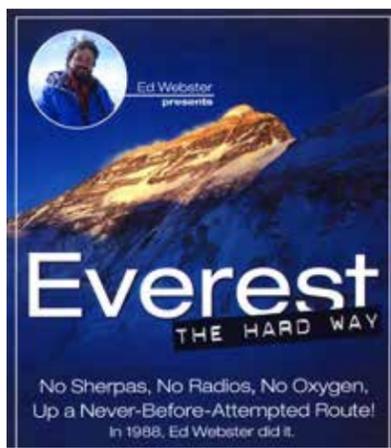
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WILDERNESS MATTERS

VOLUME XXXI • NUMBER 4 • AUTUMN 2016

AMC Maine Chapter - 2016 Annual Meeting

November 12, 2016 at the Clarion Hotel in Portland



We have a lot to be proud of this year and I hope you will come to our annual meeting to let us tell you about it! We have a multi-faceted event planned this year.

Before dinner there will be displays showing our work and that of related organizations. Our archivists will have a display of vintage items and would love to share with you what they know about our chapter's past. This will be a good time to find out about chapter activities and meet our current leadership.

After dinner we will be chronicling the year's activities and giving out volunteer awards. We will also officially elect the coming year's Executive Committee.

After the business meeting we are featuring Ed Webster as our speaker. Ed will present "Everest The Hard Way" based on the book he wrote chronicling his 1988 climb up Mount Everest. Ed has a great reputation as a speaker and will bring plenty of pictures to go with his talk!

Our annual meeting begins at 5:30 pm on November 12, 2016 at the Clarion Hotel at Portland, with dinner at 6:00 pm, followed by the business meeting at 7:00 pm. Our featured speaker, Ed Webster, will follow.

Cost is \$25 per person for a buffet dinner, with vegetarian choices, and includes one drink ticket. A cash bar will also be available.

Online registration via PayPal will be available from September 15 through October 15. For complete details, see www.amcmaine.org/2016-annual-meeting. We do not expect to exceed the venue attendance limit, but to be sure you can attend, please register early.

AMC Applauds New National Monument in Maine's North Woods

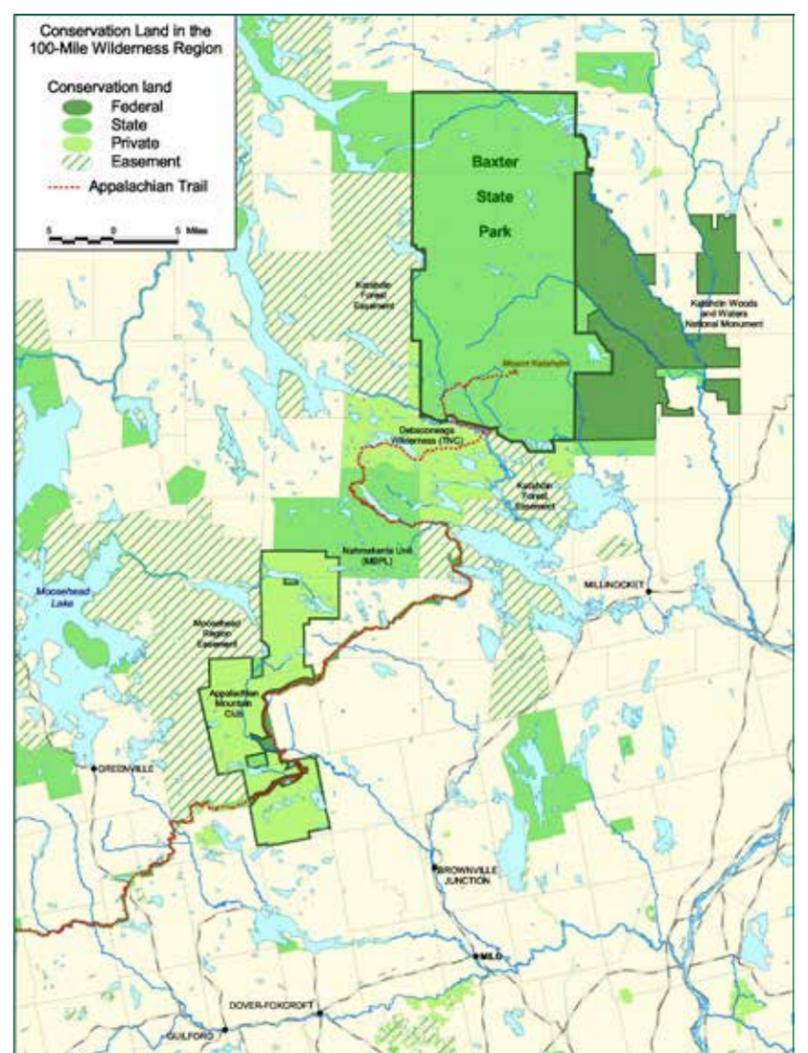
As you no doubt have heard, on August 24, President Obama designated a new 87,500-acre national monument on lands east of Baxter State Park in the Maine Woods. The new Katahdin Woods and Waters National Monument was established on lands donated to the National Park Service by Elliottsville Plantation, Inc., a Maine family foundation created by Roxanne Quimby and currently chaired by her son, Lucas St. Clair.

The lands between BSP and the East Branch of the Penobscot River have long been recognized by AMC and others for their ecological, recreational, and cultural importance to Maine and beyond. Earlier this year after input from the Maine Chapter, members and the Conservation Programs Committee, AMC expressed its support to the Obama Administration and the Maine Congressional delegation for designation of a national monument on these lands as a step toward a national park and recreation area.

"This is an historic day for Maine. The expertise of the National Park Service in building trails and other recreational infrastructure, and helping people learn about spectacular outdoor places, creates an incredible opportunity for conservation, recreation, and new nature-based tourism jobs in the region," said AMC Senior Vice President Walter Graff. "We applaud President Obama for making this designation and the generosity of the Quimby-St. Clair family for donating this land and an endowment to ensure the land's integrity is maintained for the benefit of future generations."

"This new national monument creates the opportunity for more Americans to experience, enjoy, and understand the iconic Maine Woods, and to appreciate the region's Penobscot Indian and logging heritage," Graff said. "While this is an historic event for Maine, there is still much work to be done around management planning and public input to ensure that these lands provide opportunities for people to experience the Maine Woods, provide protection for important ecological values, and tell the story of the region's people. AMC is ready to assist and engage in that work."

Throughout its history, AMC has been a strong advocate for national parks and a partner in the management of recreation on NPS lands. AMC advocated for some of America's earliest



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Wilderness Matters

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National Monument continued from page 1



national parks, including Mount Rainier and Acadia national parks.

The Katahdin Woods and Waters National Monument joins a diverse matrix of public and privately conserved lands in the Maine Woods (see map), including AMC's

70,000 acres of conservation and recreation lands that provide the focus for the organization's Maine Woods Initiative, an innovative approach to conservation that combines land conservation, outdoor recreation, resource protection, sustainable forestry, and community partnerships. AMC's land totals more than 100 square miles, all of which is open to the public for recreation.

AMC's Maine Woods Initiative model demonstrates that conserved lands combined with investment in recreational and visitor infrastructure can bring long-term economic benefits to local communities. The new national monument in the Katahdin region is one of the best opportunities in recent years to address the economic challenges of the region. This generous gift of land and endowment by EPI is a first step toward realizing the potential ecological, economic, and community benefits of these lands.

For more information about the MWI go to: www.outdoors.org/conservation/maine-woods.

Going forward, the NPS will be seeking public input about the management of the new monument and we encourage you to get involved. You can start by signing up for AMC's Conservation Action Network at: www.outdoors.org/conservation.

Maine Chapter Volunteers Help Expand Recreational Opportunities in Maine's North Woods By John Mullens

For five days in steamy August, eight Maine Chapter members voluntarily got dirty, sweaty, and tired while digging rocks, hauling gravel, and moving stumps. Satisfaction was their payoff. Working together close to AMC's MWI lodges, they transformed formerly narrow portage trails into trails that would also double as winter XC ski trails wide enough to accommodate winter grooming equipment.

The volunteers were helping expand the MWI trail network as AMC plans ahead for the early winter months of 2017 when Medawisla Lodge and Cabins will become the third AMC facility in the 100-Mile Wilderness to open to the public. The property, fronting on Second Roach Pond outside of Kokadjo north of Greenville, is currently undergoing a complete rebuild to implement modern-day safety standards while retaining the ambiance of a traditional fishing and sporting camp.

Concurrent with constructing the lodge and cabins, AMC is expanding the nearby recreation possibilities to provide a wealth of healthy outdoor activities for guests, including mountain biking trails and roads, hiking trails, and water-based activities including swimming, fishing, canoeing, and canoe camping. AMC has multiple water-access-only campsites within a day's paddle from Medawisla, designed especially for canoe trippers who might plan a multi-



Courtesy of Maine Chapter volunteers, this newly widened and leveled trail is ready for portaging canoes between lakes in summer or machine trail grooming and XC skiing in winter. Photo by John Mullens.

day excursion with the first and last nights at the new Medawisla Lodge. Portage trails between the lakes allow easy access to four or five lakes and a variety of campsites and fishing opportunities.

At the invitation of Steve Tatko, MWI Land Manager, and with the help of Jared Coyne,



2016 Roach Pond trail crew in front of Mike Zimmerman's creative "Roach Pond Takeout" stand featuring high-caloric desserts for high-output workers. Back row: Dave McCarthy, Roger David, Phoebe Prosky, Nancy Jacobson. Front row: Gerry Sawyer, Mike Zimmerman, Peter Roderick, John Mullens. Photo by John Mullens.

MWI Trails Supervisor, longtime MWI volunteer Peter Roderick assembled a crack team of experienced trails volunteers who were equal to the task. The crew camped on Trout Pond nestled among the Roach Ponds, cooked their own meals, and had plenty of time to socialize after the work day was done. Refreshing swims facilitated their transition from work to relaxation. Each morning the eight paddled from their camp to the day's worksite, then paddled home again at day's end. "Traffic" during the morning commute was non-existent. During their stay in fact, the volunteers saw no other campers or boaters.

Does this sound like the kind of fun you would enjoy? Email Trails Chair Jeff Pengal at trails@amcmaine.org to volunteer on day-long trails projects. Or email Peter Roderick at outings@amcmaine.org to get on Peter's invitation list when additional multi-day MWI trail work opportunities arise. Or talk with any of the Maine Chapter volunteers on this trip. They were Roger David, Nancy Jacobson, David McCarthy, John Mullens, Phoebe Prosky, Peter Roderick, Gerry Sawyer, and Mike Zimmerman.

Try Moosehead Pinnacle Pursuit for a Supreme Hiking Challenge in All Seasons *By Carey Kish*



From my airy perch on the apex of Eagle Rock I was treated to an exhilarating on-top-of-the-world vista that ranged from the upper Kennebec River valley to sprawling Moosehead Lake to the vast forestlands and craggy mountain peaks as far as Katahdin and Baxter State Park.

The view from Eagle Rock is one of the finest in the region and easily among the best in the state. It's no wonder then that the summit is one of the featured mountaintops in the new Moosehead Pinnacle Pursuit, which challenges hikers to climb six high peaks around the big lake, each offering its own unique perspective on this special corner of the Maine woods.

My wife and I were up to our camp on a small pond in Willimantic in mid-July, intent on a full week of relaxing, a few easy walks and maybe some paddling. But after a stop at the Moosehead Lake Chamber of Commerce information center on the way into Greenville, our rather lazy plans took a big turn. That's when we discovered a colorful brochure describing the Moosehead Pinnacle Pursuit and knew we had to give it a try.

"We developed the Moosehead Pinnacle Pursuit as another way to drive nature-based tourism to the region," said Angela Arno, the Chamber's executive director. "We wanted more hikers to know about the remote and beautiful mountains we have here on the edge of the wilderness."

Arno collaborated with Dan Rinard of the Appalachian Mountain Club, which has been involved in regional eco-tourism through its Maine Woods Initiative project in the heart of the 100-Mile Wilderness east of Greenville. The pair examined the region's mountain inventory and chose six peaks that are accessible year-round and have maintained foot trails: Mount Kineo, Number Four Mountain, White Cap Mountain, Eagle Rock, Big Moose Mountain and Borestone Mountain.

The Maine Center for GIS created the maps, brochures were printed and a website developed. Detailed driving directions are provided for each mountain, as well as round-trip trail mileage, elevation gain and trail

profiles. With everything in place, the Moosehead Pinnacle Pursuit was officially on, kicking off last Memorial Day weekend.

We started with Eagle Rock (2,290 feet), hiking via a new trail constructed by the Maine Conservation Corps under the supervision of the Bureau of Parks and Lands. This undulating 3.2-mile trail crests Raven Ledge for great views before reaching the prized pinnacle.

Next up was Number Four Mountain (2,890 feet), a 1.7-mile hike to an old firetower by way of a new switchbacked trail, also built by MCC with BPL oversight. On top we couldn't resist hiking the dead end extension toward Baker Mountain, an exciting AMC/BPL trails project due to be completed next year.

Mount Kineo is a glorious day trip featuring a scenic ferry ride and amazing cliff-top hiking. The Pursuit calls for looping Kineo via the Bridle and Indian trails. But after the incredible view from the summit firetower at 1,789 feet, we opted for a 4-mile circumnavigation of the entire peninsula via the North and Carriage trails.

On Borestone Mountain, a lovely 1,600-acre sanctuary owned by Maine Audubon, we barely achieved the highest of the twin summits (1,923 feet) before getting run off by a thunderstorm. Nonetheless, it was an enjoyable hike via the Base and Summit trails past Sunrise Pond.

White Cap Mountain was approached from the north via the Appalachian Trail, where a long and winding stone staircase on the upper slopes leads above treeline for a fantastic look across the 100-Mile Wilderness to Big and Little Spencer mountains and Katahdin. It's 3.3 miles to the 3,644-foot peak.

We ran out of time and energy that week before we could tackle Big Moose Mountain (3,196 feet), the final summit in our personal pursuit, but we'll be back this fall to tick off this last peak and claim our mantle.

Hikers completing the Moosehead Pinnacle Pursuit will receive a patch, sticker and certificate after sending in an application and small fee. Find out more about this fun hiking challenge as well as the Ultra (the 6 summits in a continuous 48 hours), Winter (finish the 6 summits between January 1 and April 15 of the same year) and Winter Ultra (finish the 6 summits in a continuous 48 hours between January 1 and April 15 of the same year) options at mooseheadpinnaclepursuit.com.



Hike Leaders and Volunteers Needed for ATC 2017 in Waterville

I am contacting you as Hikes Chair of the Appalachian Trail Conservancy's 2017 Conference, "Views from the Maine Woods," to be held at Colby College in Waterville, Maine on August 4-11, 2017. The conference is being sponsored by the Maine Appalachian Trail Club (MATC) and the Maine Chapter of the Appalachian Mountain Club (AMC).

We are expecting 1000 or more attendees for this weeklong event. We will be offering 50+ hikes, most of them more than once in order to accommodate the anticipated interest in hiking the AT in Maine. Additionally, there will be a variety of other hikes available including many with ocean views of the beautiful coast of Maine as well as other unique place. They all need leaders and co-leaders.

If you do the math, it is obvious we are going to need lots of hike leaders. This is where I hope all or most of you can play your part.

For those of you who are hearing about this event for the first time, please visit www.atc2017.org to learn more about the conference.

AMC chapter hiking leaders, please make sure your hike leaders are aware of this opportunity and need for trip leaders.

The first step in getting into the hikes leader database is to register as a volunteer for the conference. Please browse to www.appalachiantrail.org/Maine2017HikeLeaders and sign up to be a trip leader.

The list of trips to be offered is nearly finalized. Once you register to be a hike leader, I will send you a list of the hikes we intend to offer and if you see a hike you would like to lead and are the first to contact me, I will do my best to match you up with your preferred hike or hikes.

We also need volunteers to help with the Hikes Desk where hikers will come to get assistance with all things hiking at the conference. Also each morning, we will need volunteers for the hikes departure area to help hike leaders as they assemble their groups and get on their way to their hikes.

So, lots of opportunities to volunteer with the Hikes Committee even if you are not able or not interested in leading a hike.

If you have questions or concerns, please let me know. I look forward to working with you as we provide great hikes for the conference attendees.

Thanks,

Peter Roderick, Hikes Chair, ATC Conference 2017
August 4-11, 2017, Colby College, Waterville, ME
207-293-2704 (home), 207-441-5521 (cell), roderick1027@fairpoint.net

AUTUMN CALENDAR: OUTINGS | EVENTS | MEETINGS

A note about the listings: The listings below—presented in date order by category—include only those posted online prior to the submission deadline for this issue of *Wilderness Matters*. For the most complete and accurate information and up-to-date listings—and so you don't miss spontaneous outings—please periodically check out the calendar online at www.amcmaine.org/calendar.

For general questions or comments regarding these calendar listings, contact Bill Brooke, Outings Chair and Master of the Calendar Listings, outings@amcmaine.org or (207) 549-5100. *Note: Please be courteous when contacting trip leaders by doing so before 9:00 PM unless otherwise specified. Thanks!*

Next Deadline for Wilderness Matters (Winter Issue) is December 1, 2016.

Submission info: *Wilderness Matters* is your chapter newsletter. Everyone is welcome and encouraged to contribute, be it stories, news, opinions, photos, or whatnot. We want to hear from you! Please send submissions to newsletter@amcmaine.org. *Submission guidelines: Articles, opinions, stories and such are limited to 400-500 words maximum (word counts greater than that may be edited or may not be accepted). Photos should be reduced in size to 1024 x 768 pixels or thereabouts and include a photo title, captions and any other identifying info plus proper photo credit. Thank you!*

MEETINGS

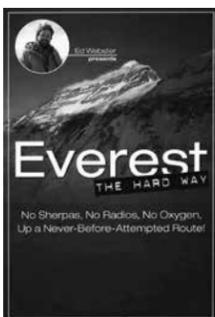
Chapter Executive Committee Meetings The Maine Chapter Executive Committee meets every odd month (January, March, May, July, September, and November) on the second Thursday at the L.L. Bean facility in Brunswick at 6:30 PM to discuss chapter business. Chapter members are welcome to attend. Contact: chair@amcmaine.org or excom@amcmaine.org. Next meeting is January 12, 2017.

Saturday, November 12: Maine Chapter Annual Meeting, Portland This year for our annual meeting we are back with a dinner event, with Ed



Webster as our featured speaker. Ed will present "Everest The Hard Way" based on the book he wrote chronicling his 1988 climb up Mount Everest. Ed has a great reputation as a speaker and will bring plenty of pictures to go with his talk.

We expect this will be a very good time to find out about chapter activities and meet the current leadership. We'll have displays covering a range of events including some interesting historical items from early chapter days.



The chapter annual meeting will be Saturday, November 12, 2016 from 5:30 to 8:00 p.m. at the Clarion Hotel in Portland. Dinner will be a buffet with a variety of choices including vegetarian. Cost will be \$25 per person for dinner with one drink ticket included. A cash bar will also be available. Online registration will September 15 and end October 15. Check for the latest details on the annual meeting at www.amcmaine.org/2016-annual-meeting.

August 4-17, 2017: Appalachian Trail Conservancy Conference in Maine

The 41st Appalachian Trail Conservancy Conference (formerly Biennial) will be held at Colby College, Waterville, Maine the week of August 4-11, 2017. The event, cohosted by the Maine Appalachian Trail Club and the Maine Chapter of the AMC, will showcase our great State of Maine and the northern terminus of the AT. Over 1200 participants are expected, making it the largest hiking conference in the U.S. There will be a wealth of workshops, hikes and excursions. Mark your calendars to save the date! More info and updates are available at www.atc2017.org.



MEETINGS & EDUCATION PROGRAMS/PRESENTATIONS

Wednesday, October 5: Potluck and Presentation - Exploring Maine

by Foot, Brunswick For the past five years, Rebecca Goldfine of West Bath has been building an online guide to Maine's trails. She decided early on that because the Internet is so open and easy to use, she would use the web as her publishing platform. Starting in the Midcoast region and gradually working her way farther afield, Rebecca has been hunting down public trails to hike and photograph. Heading out with a GPS, her iPhone (for its camera), and sometimes a dog, she updates her site almost every weekend with the new trails she logs. Her goal is to make it easier for local people to find trails near their homes and for Maine tourists to explore the areas they're visiting. Along the way, she has discovered some incredibly beautiful places, and is excited to share information about them. She has also developed a greater appreciation for the many conservation organizations around the state that help keep Maine relatively undeveloped. Presentation starts at 7 pm. Optional potluck dinner at 6 pm (please bring a dish to share; help us be green and bring your own cup, plates and silverware). Doors open at 5:30 pm. Leaders: Michelle and Stan Moody, 207-406-5221, mcamc@micstan.us. Location: Curtis Memorial Library, 23 Pleasant Street, Brunswick.

October 6, 2016: Outdoor Adventure-Inspired Conservation, Allagash Brewing Company, 50 Industrial Way, Portland, 5:30 to 7:30 pm. An informal gathering hosted by the Maine Chapter of the Appalachian Mountain Club. To further its conservation mission AMC is inviting hikers, climbers, mountain bikers, cyclists, paddlers, skiers, and surfers, and anyone involved in similar adventures to come together to meet and discuss conservation issues related to our outdoor-adventure sports. This gathering is intended to be a loose affiliation of like-minded people who want to put their collective heads together to work on *conservation* of and access to areas with outdoor recreation opportunities. We anticipate this meeting will be a first step in plugging those interested in becoming more involved in shaping conservation policy in the Northeast into conservation activities being pursued by AMC, one of its partner organizations, or connecting you with a network of people and resources to pursue your own ideas. We also want you to participate! If you have a short (approx. 5 to 10 minutes) slide show or film featuring a cool adventure that would fit in with the overall theme of the night, we would love to show it. Please submit proposals to the email address below. Free. FMI: conservation@amcmaine.org.

Thursday, October 13: Glen Kohler on Global Climate Change, Bangor Glen Koehler, co-founder of the University of Maine Climate and Agriculture Network, will present on global climate change. His presentation, a condensation of his seven session series, provides an overview of the key concepts that explain why and how the climate is changing and offers some thoughts on meeting the challenges, opportunities, and responsibilities that are upon us. Glens talks have been very popular and well received. Leader: Nancy Jacobson, education@amcmaine.org. Location: Bangor Public Library, 145 Harlow St., Community Meeting Room, 6 pm.

Tuesday, November 1: Potluck and Presentation - 50 of the Best Day Hikes Along the Maine Coast Adventurer and writer Carey Kish of Mount Desert Island has been exploring Maine's coastal and mountain hiking trails for more than four decades. His new guide, AMC's *Best Day Hikes Along the Maine Coast*, is designed to take readers on a grand journey of discovery along Maine's coastline and coastal interior, from York County and Casco Bay to the Midcoast, Acadia National Park and Downeast. Two-hundred miles of foot trails await hikers for many hours and days of exploration through a wealth of conservation lands. Anyone seeking outdoor pleasure and healthful exercise will find Kish's new guidebook an interesting, useful and trustworthy pathfinder, and a fine complement to AMC's Maine Mountain Guide. Through the two-year process of writing of this book Kish enjoyed the wonderful opportunity of exploring the full length of the Maine coast while also experiencing the bounty of natural beauty that defines its parks, lands and preserves, as well as its people, food and accommodations. Please join Carey for an informative and entertaining look at 50 of the best hiking trails from Kittery to Eastport. Signed copies of AMC's *Best Day Hikes Along the Maine Coast* will be available for purchase (\$19), as will the AMC Maine Mountain Guide (\$24). Presentation at 7 pm; optional potluck dinner at 6 pm (please bring a dish to share; help us be green and bring your own cup, plates and

silverware). Doors open at 5:30 pm. Leader: Michelle Moody, 207-406-5221, meamc@micstan.us. Location: Curtis Memorial Library, 23 Pleasant Street, Brunswick.

Wednesday, November 9: On Crows and Ravens with Lynn Rachel

Havsall, Bangor Crows and ravens are common Maine residents with uncommon smarts and interesting behaviors. Come learn the differences between them and the habits that they share. From courtship to play, these corvids do amazing things. Come learn about them in a slide talk you'll be raven about! Not to crow about her but Lynn Rachel Havsall, our presenter, is a biologist who has worked as a naturalist for 38 years. Leader: Nancy Jacobson, education@amcmaine.org. Location: Bangor Public Library, 145 Harlow St., Community Meeting Room, 6 pm.

Thursday, December 1, Potluck and Presentation - Northern California's

White Trinity Alps Bill Geller will take us on an 8-day photographic journey well off the beaten path. "With the exception of the first afternoon and the last day we picked our way over a challenging white granite landscape at 7-8,000 feet in the middle of a spectacular wilderness which seemed to extend to the horizon in every direction. Arêtes, ten in all, with their sheer faces looking like an impregnable wall, dissected our route. Covering a half-mile an hour was fast progress. Our average daily mileage was three from point to point without accounting for the wandering." Bill Geller lives in Farmington, where he retired from UMF in 2010 after 33 years of service. As a teenager and college student Bill worked five successive summers for Mead Wilderness Base in the WMNF leading week-long hiking trips. He's never stopped taking such trips. In a piece in Down East (September 1988), friend and Maine writer Bob Kimber described Geller as being seriously afflicted with the bear-went-over-the-mountain syndrome, and he does not limit himself to just mountains. "The more unpromising the terrain, the better he likes it." Presentation at 7 pm; optional potluck dinner at 6 pm (please bring a dish to share; help us be green and bring your own cup, plates and silverware). Doors open at 5:30 pm. Leader: Michelle Moody, 207-406-5221, meamc@micstan.us. Location: Curtis Memorial Library, 23 Pleasant Street, Brunswick.

December 7 in Bangor: Protect the Places you Love – AMC's

Conservation Work & How to Engage! If you love to hike, paddle, ski, camp or just love our Maine mountains, what happens in the State House and Congress affects YOU! Learn how development, pollution or land conservation can change your trails experience for the better or worse. Here in Maine, AMC works hard all year-round to support a variety of conservation and environmental policy issues both in Augusta and at the federal level in DC. We advocate on behalf of all of our members with recreation access as our primary lens. Issues we've worked on include: Land for Maine's Future conservation funding, energy efficiency and renewable energy policy, wind siting rules, forest management and regulations, Maine's mining rules, and the federal Land & Water Conservation Fund. Join AMC Policy Staff Bryan Wentzell & Kaitlyn Bernard and the ME Chapter Conservation Chair Pete Carney for an update on Maine's current environmental issues and a preview of the 2017-2018 Legislative session. We'll have a rundown of the election results and what they mean for our policy agenda. We'll also have opportunities for Maine members to stay in the loop and try their hand at policy advocacy. Leader: Nancy Jacobson, education@amcmaine.org. Location: Bangor Public Library, 145 Harlow St., Community Meeting Room, 6 pm.

January 5 in Brunswick: Protect the Places you Love – AMC's

Conservation Work & How to Engage! See above program description. FMI on location and time, please visit the Maine AMC calendar at www.amcmaine.org/calendar. Location: Curtis Memorial Library, 23 Pleasant Street, Brunswick.

TRAINING WORKSHOPS AND MEETINGS

Saturday, October 15: AMC Leader Training Workshop

Gilsland Farm Audubon Center, Falmouth ME. Join experienced Maine AMC Leaders and AMCs Leadership Training Manager for a one-day workshop to develop and practice leadership skills necessary to plan and lead safe and enjoyable chapter activities. Workshop for new and prospective leaders with no prior AMC leader experience and for experienced leaders looking to improve their skills. Format a combination of

presentations, discussion and interactive sessions on outdoor leadership including: leader decision making, group management strategies, accident scene management, trip planning, and others. Whether you are an experienced leader looking to make your trips run more smoothly, or are interested in becoming a leader, this workshop will give you the skills and confidence you need. Participants successfully completing this workshop meet AMC's requirement for chapter trip leader training. Leader: Bill Brooke, 207-549-5100, bill@mesoft.org.

Wednesday, October 26: Trip Leader Meeting

Leader meeting for current trip leaders, leaders in training, and those who would like to become leaders. Agenda includes winter activities postings, leader recognition and requirements proposals. Leader: Bill Brooke, 207-549-5100, bill@mesoft.org.

Wednesday, December 7: Winter Hiking Workshop

Maine Audubon in Falmouth, ME. Experienced Maine AMC winter hiking leaders will discuss clothing, gear, snow travel and other essential knowledge and techniques to prepare you for outdoor outings in the winter. Event is intended as an introductory course for new and experienced three-season hikers and a refresher for experienced winter adventurers. Although the focus of the workshop is on hiking in the winter, many of the topics apply to any outdoor winter outing. Workshop is an excellent "things-you-need-to-know-before-you-go" for anyone spending time outdoors this winter. Free and open to the public. FMI and registration, contact Leader: Bill Brooke, 207-549-5100, bill@mesoft.org.

SOCIAL EVENTS

Wednesday, September 21: Flatbread Portland Social (YM - 20's, 30's

& Young @ Heart) Meet at Flatbread Company on Portland waterfront at 6pm for mid-week social. Tons of delicious organic fare and drinks to choose from with great atmosphere, outdoor seating and indoor wood-fired grill. Come and see what we're up to, let us know what events you'd like us to post, or just come to say hi. Reservations not required but much appreciated so we have enough seats. Look for the YM signage. Leader: Denise Fredette, 207-939-3670 after 5pm, deniserae77@gmail.com.

HIKING & WALKING

Saturday, October 1: Speckled Mountain, Evans Notch Hike

to the summit of Speckled Mtn. (2,906 ft.) in Evans Notch. Open summit ledges have excellent views, great fall foliage viewing. RT hike of 6.2 miles, elevation gain 1,500 ft., moderate pace. Leaders: Bill Brooke, 207-549-5100, bill@mesoft.org; Susan Surabian.

Saturday, October 8: The "Life of Trees" Nature Walk

This walk through the forest is to gain a deeper understanding of the life cycle of trees, how they work, how they grow, and their complex relationships with other members of the forest. Leisurely walk of 2 miles on forest path (some inclines) through variety of habitats. Leader: Jeanne Christie, 207-310-8708, jeanne.christie@aswm.org.

Saturday, October 22: Miles Notch - Great Brook loop hike

Miles Notch-Great Brook loop hike in North Lovell and Stoneham area. Cross Red Rock (2,141') and Butters (2246') mountains on this 10 mi. pretty traverse. Relaxed pace through pristine wooded area with excellent outlooks. Leaders: Debby Kantor, 207-854-3431, dlkantor@aol.com; Lewis Dow, 207-890-8512, lwsdow@yahoo.com.

Saturday, October 29: Haunted Hike - Mt. Chocorua (YM - 20's, 30's &

Young @ Heart) Legend has it that Mt. Chocorua was named after a Native American man who came home one day to find his son dead. Believing his settler neighbor had poisoned his child, Chocorua got his revenge in a most horrific way. The settler pursued Chocorua up the mountaintop. Realizing he was trapped, Chocorua jumped off the mountain to his death-cursing the settlers before his fatal leap. Venture out on this 7.6-mile and 2,500' elevation gain hike with this curse in mind, and if you are brave. Of course, the amazing 360-degree views may make you forget any fears...for a moment. Please note: Recent hiking experience required. This is a late October hike, so microspikes may be necessary (limited number available for loan). Rain date is Sun, Oct 30. Leaders: Denise Fredette 207-939-3670 (after 5pm), deniserae77@gmail.com; Nick Montecalvo.

Saturday, November 12: Burnt Meadow Mountain hike Burnt Meadow Mtn. located near Brownfield, Maine. Climb to summit is steep in places with a craggy summit, great views in all directions. Approx. 1,000 feet of climbing over 3.3 miles. Leaders: Jeanne Christie, 207-310-8708, jeanne.christie@aswm.org; Larry DeHof, 207-310-8952, ldehof@access4less.net.

CAMPING

October 7-10, 2016: Young Members Baxter Weekend Join AMC Young Members (and those young at heart) for a weekend of car camping and camaraderie in beautiful Baxter State Park in Millinocket, ME. We have three nights reserved at the Foster Field group site near Katahdin Stream Campground over Columbus Day weekend, which is during (though past peak) foliage season in Northern Maine. This site offers easy access to hike Mount Katahdin (Maine's highest peak and the northern terminus of the Appalachian Trail), numerous other hike options encompassing all levels, from beginner to 4000+ footers and New England Hundred Highest peaks for you peak baggers out there (including the Brothers, Doubletop, Coe, and more), as well as fishing/swimming/canoe rentals at Kidney and Daicey Ponds. The cost includes a spot for all three nights at the group campsite, which has vault toilets and a fire pit for group meals and social time. Space for this trip is limited to 25 people, so reserve your spot today! \$25 for camping for three nights. Please keep in mind that parking in Baxter State Park is free for Maine residents, but an additional \$14 for non-residents. Carpooling will be strongly encouraged for this event for that reason, and also because parking is extremely limited. Leaders: Marielle Postava-Davignon, marielle.pd@gmail.com, 617-823-6845; Sarah Keats, slkski@gmail.com, 207-756-4226.

Friday, December 30 - Sunday, January 1, Zealand Hut Weekend and New Year's Eve Bash (Young Members 20's & 30's & Young @ Heart)* Stay at Zealand Hut to celebrate the New Year! Pasta potluck dinner one night (all other meals/snacks are on your own). Hut offers access to nearby mountains like Zealand, Hale and the Bonds among others. The 3.2-mile Zealand Road is closed to cars in winter and there's an additional 2.8 miles on Zealand Trail to get to the hut. Great ski on the road/trail for beginner or intermediate skiers. Can also snowshoe the trail, but may not disrupt the ski track. Leaders may be available to accompany skiers and hikers to the hut, but not guaranteed. Winter hiking experience and gear required. **Young Members is an AMC group geared toward people in their 20's and 30's, and the young at heart who share a common interest in the outdoors, to get involved in AMC activities: socialization, recreation, and conservation.* Rates: Friday: \$27/ Saturday: \$44 (taxes not included). Call AMC Reservations by NOVEMBER 30, 2016. After this date, reserved spots open up to everyone. Space very limited, so reserve early. Email leader once you've reserve a spot, will send out more details to reserved participants closer to event. TO RESERVE A SPOT: Call AMC Reservations Line at 603-466-2727 Mon-Sat, 9am to 5pm. Tell Customer Service Rep you want to reserve into the AMC Maine Chapter YM, Group Number 336515. Note: Huts are not heated and you'll need to bring own pillow case, sleep sack, sleeping bag, or linen for bunk beds. Bathrooms have no running water in winter. No showers. Full kitchen use. Carry in and out your own food and trash. Leader: Denise Fredette 207-939-3670 (after 5pm), deniserae77@gmail.com; Registrar: AMC Reservations - GROUP #336515 603-466-2727 (Mon-Sat, 9am to 5pm).

SKIING

Sunday, March 5, 2017: Claybrook Mountain Lodge Ski Week Thought about checking out the Maine Huts and Trails system but the idea of carrying an overnight backpack didn't appeal to you? We have the solution for you. Join us for a week of great cross-country skiing on the Maine Huts and Trails. We'll have opportunity (weather permitting) to visit each of the 4 huts. Enjoy the luxury of skiing with just a small daypack while enjoying magnificent trails and scenery in Bigelow area. Accommodations in shared twin or triple rooms at Claybrook Mountain Lodge in Highland Plantation, owned by Greg, a certified EMT and Maine Guide, and his wife Pat. Pat is a fantastic cook who will spoil us with homemade bread, muffins, cookies and multi-course meals. Made to order breakfast, trail lunches and dinner are included in trip fee. All meals from supper on Sunday, March 5 (day of arrival) through and including lunch on Friday, March 10 (day of departure). Eat trail

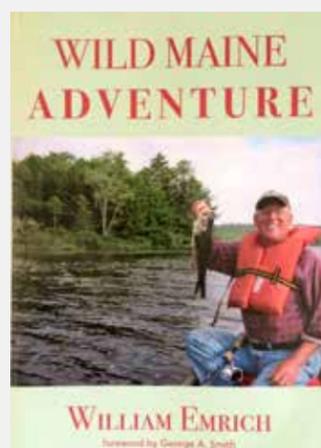
lunch at one of the MHT huts whenever possible, so we can purchase hot food items there as well. Claybrook Lodge has rooms located on 2 levels with shared bath on each floor. Living room on each floor, wood stove on first floor. Facility is clean, cozy and rustic. Cost is \$815 and covers accommodations, all meals including trail lunches, and guiding Monday through Thursday with Greg. Trip tends to fill up quickly so please apply early. Leader: Ginette Beaudoin, 207-294-6302 pm, ginette4000@yahoo.com.

TRAIL WORK

Friday, October 7: Boundary Work - Little Lyford Lodge and Cabins-MWI Maine With dozens of miles of property lines, the AMC in Maine has lots of boundary marking to maintain. Join us for this unusual and fun activity. Bring your old work clothes (there's paint involved) and try something new. Stay at historic Little Lyford Pond Lodge and Cabins and experience the best of the old and the new. Comfortable bunkhouse, newly renovated lodge, fabulous meals and unbeatable hospitality. Few biting insects and peak foliage season. Leader: Peter Roderick, 207-293-2704, roderick1027@fairpoint.net.

Friday, October 7 - Monday, October 10: Trail Work - Gorman Chairback Lodge and Cabins So many trails, so few volunteers. Join us in the 100-Mile Wilderness as we help build and maintain hiking trails near AMC's MWI lodges. May continue work on Henderson Brook Trail which connects Gorman Chairback Lodge with the Appalachian Trail in an effort to complete the hardening process on this beautiful trail. Stay in the comfortable bunkhouse, eat very well in lodge, enjoy downtime admiring peak foliage and exploring woods and waters nearby. Leader: Peter Roderick, 207-293-2704, roderick1027@fairpoint.net.

Praise for Bill Emrich's Wild Maine Adventure



"An uplifting story for anyone with a lifelong dream for a place of respite in nature away from the clutter and noise of a fast-paced urban-oriented world. Filled with enthusiasm and unbridled love for nature, William Emrich shows how, if we believe anything is possible and persevere, we overcome life's obstacles to find peace and contentment in simple life close to the natural world. Bill's story will cause anyone with a yearn for nature and a simple life to realize that it can come true. Bill's story is a gem.

—Dean B. Bennett, author, illustrator and retired professor, University of Maine at Farmington

William Emrich's *Wild Maine Adventure* is a delightful account of his pursuit of a long held dream to own a cabin on a secluded pond in the Maine woods. It reads like a down-to-earth conversation about the practical matters of buying land, cabin construction, living off the grid and finding insurance—all on a tight budget. It includes descriptions of Maine wildlife and heartening encounters with Maine people.

—Carolyn Locke, author, *Always This Falling, Not One Thing* and *The Place We Become*

Wild Maine Adventure is an honest, straightforward account of trials and tribulations associated with finding a piece of property in the woods of the great state of Maine and of developing and owning a cabin. It is written with humor and an intense love of the Maine outdoors. It is a book for those who know or would like to know the real Maine.

—Ronald L. Breazeale, Ph.D, author, *Reaching Home* and *First Night*
To learn more about the book and to purchase a copy, visit www.wildmaineadventure.com.

Find us on 

<http://www.facebook.com/MaineAMC/>

Great Lineup of AMC Programs this Fall in Bangor

This fall the Meetings and Educations Committee has a number of intriguing presentations lined up in Bangor. They will all be held at the Bangor Public Library's newly renovated Community Meeting Room on the first floor at 6 pm. The library is located at 145 Harlow St.



Above, Lynn Havsall greets a crow friend. Below, a crow family perched together in a snag. Photo credits: Norm Talbot.

Glen Koehler, co-founder of the University of Maine Climate and Agriculture Network, will present on global climate change on **Thursday, October 13**. His presentation, a condensation of his seven session series, provides an overview of the key concepts that explain why and how the climate is changing and offers some thoughts on meeting the challenges, opportunities, and responsibilities that are upon us. Glens talks have been very popular and well received.

Crows and ravens are common Maine residents with uncommon smarts and interesting behaviors. On **Wednesday, November 9**, come learn the differences between them and the habits that they share. From courtship

to play, these corvids do amazing things. Come learn about them in a slide talk you'll be raven about! Not to crow about her but Lynn Rachel Havsall, our presenter, is a biologist who has worked as a naturalist for 38 years.

On **Wednesday, December 7**, come hear from AMC's own powerhouse trio about Maine's current environmental issues and a preview of the 2017-2018 Legislative session. See the details elsewhere in this newsletter titled: "Protect the places you love – AMC's conservation work & how to engage!"

Hope to see you there!



Trip Report: Beginner Backpack to Horns Pond

By Bill Brooke, Outings Committee Co-Chair



As a follow up to the beginner backpack workshop this spring, on July 16 a group of seven backpackers hiked up the Horns Pond Trail to Horns Pond in the Bigelow Range for an overnight stay.

The Horns Pond Campsite is on the Appalachian Trail and sees a high number of hikers, including thru- hikers and weekend groups such as ours. The MATC says that it is the most used site for overnight camping on the AT in Maine, with 3,000 to 4,000 backpackers each season.

There are two large lean-tos and multiple individual and group sites with a capacity of

50 campers. The caretaker at Horns Pond directed us to a group site, as a large number of campers were expected that weekend. She told us that the campsite was at capacity the prior weekend.

After pitching our tents and setting up camp (and a bit of a rest) we hiked up North Horn and South Horn. Although a weather front was closing in we were treated to some great views of Flagstaff Lake, Sugarloaf, the Crockers and Horns Pond.

After supper and an exchange of (mostly true) stories we bedded down for the night, during which we had a light rain. The following morning, we broke camp after breakfast and hiked out the AT to the Stratton Brook Pond Road.

Overall it was a good trip with a great group of people. Everyone was well-prepared with equipment and food and no incidents occurred. We hope this start, or restart for some, will be encouragement to continue to enjoy the backpacking experience.



Young Members Section

Our focus is to get young folks in their 20's and 30's and the young-at-heart involved in outdoor recreation, raise awareness of conservation and sustainability and have fun!

A Pemi Loop Hiking Adventure *By Sarah Keats*

As we started walking the Lincoln Woods Trail, the 30% chance of rain turned to a 100% light rain and then a heavier rain at times. Approaching the summit of Bondcliff, the clouds had started to lift. We saw beautiful views of West Bond and Mt. Bond, and in the distance, clouds on top of the Franconia Ridge. We could see where we would be heading tomorrow, continuing our backpack of the Pemi Loop. The final ascent up Mt. Bond in the sun was challenging with heavy packs, but we were excited to get to the Guyot campsite. We found a tent platform that fit our four tents and talked with two men that were also doing the Pemi Loop in the same counter-clockwise direction.

After setting up our tents, we headed back up to summit West Bond and enjoyed the last sun rays warming the ridges of Bondcliff and Mt. Bond, and we could see Franconia Ridge finally out of the clouds. It was too windy to stay for sunset dinner unfortunately, but we did get to enjoy dinner and conversation with other campers back at the Guyot site. Guyot was surprisingly quiet for a Friday night. I watched the sunset from the Guyot Shelter and then we went to bed early after discussing the plan for the next day.

We rose before dawn so we could get to Mt. Guyot for the sunrise, which was spectacular and included views of Mt. Washington. We still had many miles to go, about 16 miles. By the end of the day we had hiked almost 11,000 feet of elevation gain since we started on Friday.

We added a little extra mileage and celebrated our friend Nick's finish of his 48 NH 4,000-foot peaks on Zealand Mtn., enjoying summit cookies and group pictures.

South Twin gave us more beautiful views of where we were headed, followed by a steep descent down to Galehead Hut. We enjoyed some hut amenities like washing our hands and drinking coffee. We saw one of our hiking friends on the Garfield Ridge trail where he was working on some of the peaks on Garfield Ridge, one of which I snuck off to find the canister along the way (some trail-less peaks in NH have canisters containing paper to sign in that you have been there).

We made it to the Garfield Tentsite around 1 pm, very hungry for lunch. We took a break, ate, and enjoyed the company of AT thru-hikers who were guzzling water from the stream. We refilled water again. Our plan was to make it to Liberty Springs Campsite to set up camp that night. We did not quite know what we were in for, as we had to finish climbing up Mt. Garfield and then climb back down below 4,000 feet before hiking up Lafayette and half of Franconia Ridge.



Frank, Nick and Marielle hiking the Franconia Ridge before sunset. Photo by Sarah Keats.



At top of Mount Liberty, our group's second to last peak on the Pemi Loop. L to R: Nick Montecalvo, Marielle Postava-Davignon, Denise Fredette, Sarah Keats, Frank Brooks. Photo passing hiker.

We were feeling good as we had come a long way already, but then the heat of the afternoon started to hit us. I thought I was walking in slow motion but we passed a younger group of hikers who seemed full of energy, yet we still maintained our lead.

As we reached the ridge, it was dinnertime and my stomach was gnawing at me. I was surprised by the number of people still on the ridge, mainly AT thru-hikers enjoying the views and probably people staying in the "luxurious" Greenleaf Hut below Lafayette. It was beautiful to be on the ridge as the sun was setting. Even though we didn't have time to make dinner up there or rest for long, it was amazing to be there to see the sun set and experience this quiet beauty.

As we left the summit of Little Haystack, our last mountain of the day, a friend we passed told us that Liberty Springs campsite was full. We decided we needed to find an appropriate non-designated camp or "stealth site" to spend the night. We were happy to finally eat dinner, set up tents, and amuse ourselves by hanging bear bags. While hanging them, we noticed an owl in one of the trees watching us. It appeared entertained as well. We collapsed exhausted into our tents.

The next day we woke to the sun rising through the trees on the ridgeline. Some of our muscles a little stiff, we continued on to the Liberty Springs Campsite to refill water and refresh ourselves, some with coffee. We met another friend hiking the Pemi Loop over three nights, a more relaxing plan than ours, it seems. We had only 8 or so miles to go that day so we continued on, over Mt. Liberty and Mt. Flume; both had amazing views.

As we got closer to the parking lot, I remembered the adjustment it will be to get back to civilization after being in such a peaceful environment for a few days and getting away from all of the noise and fast pace of our society. It is amazing to experience life with everything you need in your backpack. I admire thru-hikers because, although I didn't get any blisters on my feet, they were hurting and sore by the end of the loop and it is amazing how many miles thru hikers walk over the course of their journeys. We hiked over 12,000 feet of elevation gain, over 38 miles, and summited 12 mountains in 3 days and 2 nights. It was an accomplishment, and something that we all want to do again. We have already started dreaming of other backpacking trips and adventures.

To be added to our Events mailing list,
email: amcyoungmembers@amcmaine.org

Join our group on Facebook:
[amcmaineyoungmembers](https://www.facebook.com/amcmaineyoungmembers)