

Wilderness



Matters

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Appalachian Mountain Club
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Maine Chapter, Appalachian Mountain Club

Volume XXXV ♦ Number 4 ♦ Late Summer 2010

Register now for Maine Chapter annual meeting at Camp Kieve

Continental Divide biker to tell of his many adventures

By Larry Dyer, vice chair

Rich Cromwell, vice president of the Merrymeeting Wheelers Bike Club in Brunswick, has bicycled extensively and participated in various triathlons around the country.

He will share his experiences during his latest trip along the Continental Divide the evening of Saturday, October 2 at the Maine Chapter Annual meeting at Camp Kieve in Nobleboro.

Rich spent 61 days this past summer riding his mountain bike off-road down the Rockies from Banff, Canada, to Antelope Wells, New Mexico, on the Mexican border. He followed the Great Divide Mountain Bike Route crisscrossing the Continental Divide over 30 times during his 2,830 mile adventure.

This route is defined by the word 'remote.' The entire trail is basically dirt road and mountain-pass riding. It has over 200,000 feet (37.5 miles) of elevation gain. With the exception of the Great Divide Basin in Wyoming and the desert in the far south of New Mexico, he was gaining elevation or descending daily.

The diverse nature of the terrain makes for an incredible and sometimes overwhelming visual experience. The route offers something different every day – whether it is riding conditions, scenery, wildlife, points of interest or wonderful folks along the way.

AMC members can sign up for the Annual Meeting today and until the deadline of September 26 by using the enclosed registration form or by downloading one from the website at <http://www.amcmaine.org/2010-annual-meeting/>.

The Annual Meeting will be held the weekend of Friday, October 1 to Sunday, October 3 at Camp Kieve at Nobleboro. Members can register for the entire weekend or for just a day's visit.

Accommodations include bunks in newly renovated and heated cabins with full bathroom facilities or a spot for pitching a tent. Meals include hot and cold breakfasts, trail lunch buffet options, and a delectable chicken or vegetarian dinner on Saturday.

The full weekend (two nights in a cabin and all meals) is \$99 per person. À la cart options are available, so members can pick and choose from meals and nightly accommodation options. The spacious cafeteria is also newly renovated.

The weekend agenda includes:

Friday

- Chili cook-off supplied by the Maine Chapter Executive Committee from 5-9 PM.
- Picture sharing from 6:45 – 7:30 PM. Please send your electronic pictures to Jeff Aceto at outings@amcmaine.org to participate.
- A guitar and sing-out from 7:30 – 8:30 PM.

Saturday

Choose an activity from our calendar of activities in this newsletter or online at www.amcmaine.org. **Please contact the leader listed**

to sign up for outings.

- 5 PM social hour
- 6 PM chicken or vegetarian dinner
- 7 PM business meeting to elect officers, provide committee updates, and recognize volunteers
- 8 PM guest speaker Rich Cromwell

Sunday

Choose an activity from our calendar of activities in this newsletter or online at www.amcmaine.org. **Please contact the leader listed to sign up for outings.**

- Outings Committee Meeting and Leader Training.

Again, the registration form can be downloaded from <http://www.amcmaine.org/2010-annual-meeting/> or clipped from this newsletter (registration deadline is September 26). All outings and indoor skill sessions can be found at the online calendar at www.amcmaine.org, in addition to what is posted in the calendar section of this newsletter.

The majority of the scheduled outings require advanced registration with the trip leader.

The Nominating Committee will soon form the slate of officers and members to serve on the chapter's Executive Committee.

The list of candidates will be posted on the website at least two weeks before the Annual Meeting, along with the business meeting agenda.

For more information, please contact Larry Dyer at vice@amcmaine.org or 207-725-6962. If you do not have access to the web, contact Larry to have a full listing of weekend activities and the list of candidates mailed to you.

All AMC members are encouraged to participate in any or all of the weekend's activities.

REGISTRATION FORM
2010 AMC Maine Chapter Annual Meeting
Camp Kieve, Nobleboro, Maine
Friday, October 1 - Sunday, October 3

Please complete 1 form PER PERSON.

More forms are available at: www.amcmaine.org (click on the Annual Meeting tab)

	Accommodation Options (check boxes):	
Name (as will appear on name tag)	Friday Night	<u>Cost</u>
	<input type="checkbox"/> Friday night cabin	<u>\$25</u>
E-mail address (preferred method for confirmation)	<input type="checkbox"/> Friday night tent	<u>\$10</u>
	Saturday Night	
	<input type="checkbox"/> Saturday night cabin	<u>\$25</u>
Mailing Address	<input type="checkbox"/> Saturday night tent	<u>\$10</u>
City State Zip Code	Meal Options (check boxes):	
	<input type="checkbox"/> Saturday hot/cold breakfast	<u>\$8</u>
Emergency Contact Information:	<input type="checkbox"/> Saturday trail lunch	<u>\$8</u>
Name: _____	<input type="checkbox"/> Sat. evening dinner (chicken)	<u>\$17</u>
	<input type="checkbox"/> Sat. evening dinner (veggie)	<u>\$17</u>
Phone #: _____	<input type="checkbox"/> Sunday hot/cold breakfast	<u>\$8</u>
	<input type="checkbox"/> Sunday trail lunch	<u>\$8</u>
Special needs (including dietary):		
	Total enclosed:	\$ _____

Please make checks payable to: AMC Maine Chapter

Please mail the completed registration form(s) with payment to:
 Larry Dyer
 15 Royal Oak Circle
 Topsham, Maine 04086

***** **Registration Deadline: Sunday, September 26** *****

Please cut on dotted line above and keep bottom for your information!!

- Please submit one form per person; one check for multiple people is okay.
- Cabin space is limited. Please register early.
- Overnight guests should bring linens or a sleeping bag.
- Please sign up for outings with the leader listed for that activity.
- Please no smoking or pets.
- For more information about Camp Kieve, visit <http://www.kieve.org>

Weekend Agenda:

Friday: 5 PM chili potluck and other activities

Saturday: daytime outings/activities, 5 PM social, 6 PM dinner, 7 PM business meeting, 8 PM guest presenter

Sunday: morning outings/activities

For More Information:

www.amcmaine.org (click on the Annual Meeting tab/link)
 Larry Dyer, vice@amcmaine.org, (207) 725-6962

Sign up needed for meeting trips

ANNUAL MEETING TRIPS: OCT. 1-3

Fri., Oct. 1. Pemaquid Pond Paddle, Nobleboro. Come early for an easy flatwater paddle prior to the Annual Meeting. Hike will be substituted in case of bad weather. Plan on about 3-4 hours on the water. Good for any level paddler as we will take our time exploring. L Michelle Moody (207-319-7355 before 10:00pm, meamc@micstan.us), CL Stanley Moody.

Sat., Oct. 2. Pemaquid Point Bike Ride, Damariscotta. Bike ride from Damariscotta to Pemaquid Point, 9:30am. 40-mile ride. L Denise Courtemanche (207-725-6285, decacct@suscom-maine.net).

Sat., Oct. 2. Maiden Cliffs Hike, Camden Hills (Difficult Hike). Climb Mount Battie, follow the ridge to the ocean lookout, and Megunticook Mountain to Maiden Cliff. We'll take a loop trail back. Great views of Camden Harbor and lakes. Aproximately 12 miles at a fast pace between views. Trip is part of Maine Chapter Annual Meeting. L Laura Flight (207-215-5306 before 9:00pm, past_chair@amcmaine.org), L Wayne Newton.

Sat., Oct. 2. Camden Hills Peaks Hike (Medium Hike). We'll start at the northern parking area of the state park at Stevens Corner and traverse the Camden Hills southward via Bald Rock Mountain and Megunticook Mountain, with a finale finish on Mount Battie with ocean views. Approximately 8 miles RT. L Laura Flight (207-215-5306 before 9:00pm, flyrodflight@systemfolder.com).

Sat., Oct. 2. La Verna Nature Preserve Hike, Bristol (Easy Hike). Enjoy an easy hike through the woods to the spectacular rocky shoreline of Muscongus Bay in Bristol. 3.2 miles RT with almost 0.75 miles along the shore. L Roger David (207-737-2933 before 9:00pm, rogerdavid@earthlink.net).

Sat., Oct. 2. Mushrooms of Maine, Nobleboro. Mushrooms are among the most mysterious life forms. They are all colors of the rainbow - red, orange, yellow, green, blue, indigo, and violet. Without them, we'd have no forests (Polyporaceae), penicillin, beer, bread, wine - you get the picture! In this peak-season workshop, we'll put the FUN into FUNgi by identifying specimens, studying spore printing as an ID method, walking tours, and watching a DVD presentation (1 hour). Contrary to popular belief, less than 1% of mushrooms are dangerously poisonous, and we'll discuss the five or so species in Maine that can kill you, as well as a list of 50 or so edible versions. Bring an Audubon (or other) field guide, hand lens, and a basket. Instructor is Ted Elliot. Limited to 14 participants. L Jeff Aceto (outings@amcmaine.org).

Sat., Oct. 2. Johns Bay Sea Kayaking, South Bristol. 12-mile circumnavigation of Rutherford Island. Route will include incredible views, great birding, and possibly a stop in Christmas Cove. Trip intended for experienced sea kayakers with minimum boat length of 14'. L reserves right to revise trip based on weather and tide conditions. L Jeff Aceto (207-650-5674, outings@amcmaine.org).

It's time to get outside! Summer will be ending soon

MEETINGS

Thu., Sep. 9. Maine Chapter Executive Committee Meeting, Freeport. The Maine Chapter Executive Committee meets every odd month (January, March, May, July, September, and November) on the second Thursday. Come voice your opinion on the direction of the Maine Chapter on important conservation topics, outdoor outing activities, and more. Open to all Maine Chapter members. Meetings are held in the upstairs meeting room of the Freeport McDonald's from 6:30-8:30pm. L Carrie Walia (carrie.amcme@yahoo.com).

Fri., Oct. 1-3. Maine Chapter Annual Meeting, Nobleboro. Join members of the Maine Chapter for the 2010 Annual Meeting! This three-day weekend event will be full of outings, speakers, and social events intended to provide fun experiences for all. Held at Camp Kieve in Nobleboro, ME, on Damariscotta Lake. This facility includes cabins, dining hall, and many outdoor recreational opportunities. A number of outings in the vicinity will be scheduled over the same weekend, and will include hiking, biking, sea kayaking, flatwater paddling, and naturalist walks. Friday night is chili potluck with tell-your-tale presentations. Saturday night will include a Chapter dinner followed by a brief business meeting to elect the Executive Committee. Evening will conclude with presentation by a keynote speaker. Sign up on-line via <http://www.amcmaine.org/2010-annual-meeting/>. It's the highlight of the year and you won't want to miss the fun! L Larry Dyer (207-725-6962 before 9:00pm, vice@amcmaine.org).

Fri., Oct. 15-17. AMC Fall Gathering, Charlton, MA. Join AMC for its annual Fall Gathering, hosted by the Worcester Chapter, and held at the Prindle Pond Conference Center Hilltop. Explore Central Massachusetts through hiking, cycling, paddling, rock climbing, and more. Family-oriented activities offered. Enjoy camaraderie of fellow AMC members in the evening, starting with social hour followed by lively entertainment and a bonfire to



Rich Cromwell bicycling the Continental Divide trail. Rich will be the featured presenter at the annual meeting Oct. 2.

wrap it all up. Advanced registration required. L Pam Landry, Fall Gathering Chair (naturetrax@gmail.com).

Thu., Nov. 11. Maine Chapter Executive Committee Meeting, Freeport. The Maine Chapter Executive Committee meets every odd month (January, March, May, July, September, and November) on the second Thursday. Come voice your opinion on the direction of the Maine Chapter on important conservation topics, outdoor outing activities, and more. Open to all Maine Chapter members. The meetings are held in the upstairs meeting room of the Freeport McDonald's from 6:30-8:30pm. L Carrie Walia (carrie.amcme@yahoo.com).

EDUCATION

Tue., Oct. 19. State Parks and Other Special Places in Maine, Curtis Memorial Library, 23 Pleasant St, Brunswick. Eliza Townsend, Commissioner of the Maine Department of Conservation, will talk to the Maine Chapter about her favorite state parks and other special places in Maine and what we need to do to protect and maintain them. More info: amcmaine.org. L John Mullens (207-361-1210, education@amcmaine.org).

Thu., Oct. 28. State Parks and Other Special Places in Maine, Bangor Public Library, 145 Harlow St, Bangor. Eliza Townsend, Commissioner of the Maine Department of Conservation, will talk to the Maine Chapter about her favorite state parks and other special places in Maine and what we need to do to protect and maintain them. More info: amcmaine.org. L John Mullens (207-361-1210, education@amcmaine.org).

VOLUNTEERING

Fri., Sep. 24-26. Common Ground Country Fair, Unity. We need your help staffing the booth at the Common Ground Fair on September 24-26, hosted by the Maine Organic Farmers and Gardeners Association (MOFGA) in Unity Maine. Each year, the AMC Maine Chapter has a booth at the fair in the Environmental Concerns tent. Thousands of Mainers pass through the tent. It's a great opportunity to visit with AMC members and the public at large and learn about concerns as well as talk about the benefits of being a Maine Chapter AMC member. The booth contains information to hand out about AMC and we also sell t-shirts. Volunteers staff the booth two at a time for three hour shifts. In return volunteers receive a free ticket (\$10 value) to the Common Ground Fair for the day. L Jeanne Christie (pr@amcmaine.org).

WILDERNESS FIRST AID

Fri., Sep. 10-12. Wilderness First Aid/CPR Training Weekend. Open to the public. Fulfill an AMC trip leader WFA requirement in a beautiful coastal setting. Learn a pragmatic approach to treating injuries and managing emergency situations in the backcountry. Upon completion, participants will receive SOLO, WFA and AHA CPR certificates. Lodging at Knubble Bay Camp on Friday and Saturday nights, plus breakfast/dinner on Saturday and breakfast on Sunday. Cost is TBD (depends on the number of participants). This event is sponsored by the Knubble Bay Camp Committee. L Gail Fensom (603-244-2500, gailrond@comcast.net), R Gail Fensom (603-244-2500, gailrond@comcast.net).

LEADERSHIP TRAINING

Sun., Oct. 3. Outings Meeting/Leadership Training, Nobleboro. Maine Chapter Ls and interested Ls-to-be are invited to join us for the Outings Committee Meeting and Leadership Training. Sunday morning meeting will begin at 9:00am and last approximately 2 hours. Agenda will include planning for 2010-2011 Winter Series, a roundtable discussion on outings and feedback to the Chair, and a leadership training including five instructional sessions. Scenarios and role-playing also provided. Part of Maine Chapter Annual Meeting. L Jeff Aceto (outings@amcmaine.org).

TRAILS

Sat., Aug. 28. Trail Work: Rattlesnake Mountain, Raymond. Survey trip to access discontinued trails for possible reopening. Opportunity to learn how trails are evaluated and planned prior to actual construction or rehab. Call Keith for details. L Peter Roderick (207-293-2704 Before 9:00p.m., trails@amcmaine.org), L Keith Chapman (207-799-5212 Before 9:00p.m., trails@amcmaine.org).

Sat., Sep. 11. Trail Work: Bald and Speckled Mountains, Sumner/Peru. Trail work trip to install new signage on trail relocation. Great late summer hike and work trip. L Peter Roderick (207-293-2704 Before 9:00p.m., trails@amcmaine.org), L Keith Chapman (207-799-5212 Before 9:00p.m., trails@amcmaine.org).

Sat., Sep. 25. Trail Work: Rattlesnake Mountain, Raymond. Reclaiming trails on smaller but mighty mountain in the Sebago region. Close enough to Portland so that you may dine at a four-star restaurant in the evening. Contact Keith for details. L Peter Roderick (207-293-2704 Before 9:00p.m., trails@amcmaine.org), L Keith Chapman (207-799-5212 Before 9:00p.m., trails@amcmaine.org).

Fri., Oct. 8-11. Trail Work Weekend at Little Lyford Lodge and Cabins. Volunteer trail work weekend at one of AMC's premier locations. Fall foliage and no black flies - join us! Contact Peter for details. L Peter Roderick (207-293-2704 Before 9:00p.m., trails@amcmaine.org), L Keith Chapman (207-799-5212 Before 9:00p.m., trails@amcmaine.org).

Sat., Oct. 23. Trail Work: Black Mountain, Sumner. Trail work rehabilitating discontinued trail. Fall foliage and no biting insects - join us! Call Keith for details. L Peter Roderick (207-293-2704 Before 9:00p.m., trails@amcmaine.org), L Keith Chapman (207-799-5212 Before 9:00p.m., trails@amcmaine.org).

BIKING

Tue., Aug. 31. Leader's Choice Bike Ride, Brunswick. L's choice. L Denise Courtemanche (207-725-6285, decacct@suscom-maine.net).

SEA KAYAKING

Fri., Oct. 1-3. Autumn Sea Kayaking Weekend, Maine, Southern and Mid-Coast, ME. Wetsuits/drysuits and good sea kayaking skills are required for this last hurrah of the season on the beautiful Maine coast. Lodging at Knubble Bay Camp. Three meals are provided. Cost is \$80/members and \$90/non-members. This trip is sponsored by the Knubble Bay Camp Committee. L Gail Fensom (603-244-2500, gailrond@comcast.net).

Continued on page 4

Enjoy Maine outdoors this summer

MWI OUTINGS

Fri., Sep. 24-27. Lily Bay Camping Weekend, MWI area, Greenville. Lily Bay State Park camping in group area. Hiking, biking, kayaking. Ls encouraged to join. Activities will be based on Ls available and interest of group. Multiple opportunities in MWI area. L Michelle Moody (207-319-7355 before 10:00pm, meamc@micstan.us), CL Stanley Moody.

WEEKEND TRIPS

Fri., Oct. 22-24. Hiking and Biking in Acadia National Park, Bar Harbor. Join us for a weekend of hiking and biking on Mount Desert Island in Acadia National Park. Cost is \$126/pp (double) or \$196/pp (single). Meals/HH not included. We will be staying in a family run hotel in downtown Bar Harbor. Should still have some good foliage without the crowds. L Ginette Beaudoin (207-294-6302 before 8:00pm, ginette4000@yahoo.com), L Don Parker.

HIKING AND WALKS

Sat., Sep. 4. Bald and Saddleback Wind, Carthage. This is an un-trailed mountain with 360-degree views - one of the gems of the area. Join us for some bushwhacking and time spent working on map and compass skills, before the proposed wind farm is installed. Approximately 7 miles with 2600' elevation gain at a moderate pace and moderate grades to an open summit. L Peter Broderick (207-778-0801, coolbrod@zwi.net), CL George Brown (207-585-2259, gwbrown@tds.net).

Sat., Sep. 11. Mount Pierce (4310') and Mount Jackson (4052'), White Mountains, NH. Mount Pierce (4310') and Mount Jackson (4052') via Crawford Path, Webster Cliff, and Webster-Jackson Trails. 8.1-mile loop at a moderate pace with time for feeding the gray jays, admiring foliage, and stopping at Mizpah Hut along the way. Scheduled

for the date of the raising of Flags on the 48, in memory of those fallen on 9/11/2001. L Debby Kantor (207-854-3431 before 9:00pm, dlkantor@aol.com), CL Tom Pettingill (207-781-2219).

Sat., Sep. 18. Welch/Dickey Loop and Green, South Peak, White Mountains, NH. Enjoy a popular 4-mile rocky loop trail, plus lots of open forest and trail-less ledge ridgeline toward Green Mountain, South Peak (3312'). L Sonny Martineau (207-490-1305, sonnymart27@yahoo.com), L Dennis Crispo (978-858-0394, highpt@cliffhanger.com).

Thu., Sep. 23. Beach Walk, Scarborough. Moonlight beach walk, Pine Point, Scarborough, ME. L Lorraine Hussey (207-799-7494 before 9:00pm, randlhussey@zwi.net).

Fri-Sun, Oct 1-3. Annual meeting (see trip list on page two)

Sat., Oct. 2. Bald and Speckled Mts., Peru, ME. Not headed to the Annual Meeting? Come join us for a hike up Bald and Speckled Mts. in Peru. L Jane Gibbons (patnjane@wildblue.net), L Joanne Diller (jsdiller@roadrunner.com).

Thu., Oct. 7. Caribou Mountain (2850'), Evans Notch, ME. 7-mile hike, 1890' elevation gain, moderate pace, great views. L Lorraine Hussey (207-799-7494 before 9:00pm, randlhussey@zwi.net), L Roger David (207-737-2737 before 9:00pm, rogerdavid@earthlink.net).

Sat., Oct. 9. Arethusa Falls and Frankenstein Cliff, White Mountains, NH. Moderately-paced loop hike to Arethusa Falls (2000') and Frankenstein Cliff (2150'). Arethusa Falls are the highest falls in NH. Cross over to Frankenstein Cliff and descend directly underneath the North Conway Scenic Railroad trestle. L Debby Kantor (207-854-3431 before 9:00pm, dlkantor@aol.com), L Sonny Martineau (207-490-1305, sonnymart27@yahoo.com).

Wed., Oct. 13. Pleasant Mountain, Denmark, ME.

Enjoy views and fall colors. Approximately 6 miles. L JoAnne Diller (207-647-2117 before 9:00pm, jsdiller@roadrunner.com).

MAINE STATE PARKS: AUTUMN

Sat., Oct. 9. Mount Blue. Hike Mount Blue State Park's namesake with a summit at 3190 feet and a round trip distance of 3.4 miles. This is a moderate hike with a steep and steady climb to good views from ledge outcrops. Take in the fall foliage on Jason's mentor hike. L Jason Toner (207-649-2448 before 9PM, jandstoner@roadrunner.com), CL Laura Flight (207-215-5306 before 9 PM, flyrodflight@systemfolder.com).

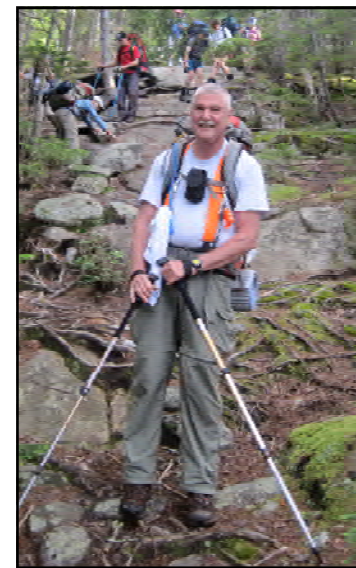
Sat., Oct. 16. Old Speck. Check out Grafton Notch State Park in fall foliage! Hike Old Speck, Maine's 4th highest mountain at elevation 4,170 feet, with a round trip distance of 8 miles. L Jeff Aceto (207-650-5674 before 9PM, outings@amcmaine.org).

Sat., Oct. 23. Camden Hills Foliage and Full Moon Over the Bay. Join us for a colorful fall afternoon hike through Camden Hills State Park. We'll meet about midday and enjoy various views as we hike from north to south and summit Mount Megunticook (1385'). Moderate hike at an easy pace with frequent breaks, though there will be some steep sections. We'll reach Mount Battie about 5:00pm, enjoy some light refreshments at the stone tower, then watch the sunset at 5:39 pm while the full moon rises over Penobscot Bay at 5:36 pm, and the lights of Camden Harbor come on. To finish, we'll walk down the Mount Battie access road (paved) to the parking lot. Option of enjoying a meal, etc. afterward in Camden for those interested. L Roger David (207-737-2933 before 9:00pm, rogerdavid@earthlink.net), L Kit Pfeiffer (207-446-9768 before 9:00pm, kit_pfeiffer@yahoo.com).



Tim Flight, Laura Flight, and Roger David (l to r) set out from East End Beach during a June 23 sea kayak trip in Portland Harbor. Jeff Aceto photo.

Roger David becomes AMC trip leader



Join us in welcoming Roger David to the roster of Maine Chapter trip leaders! Roger is a retired commercial pilot who is also a Maine Guide and volunteer fire fighter. He's jumped right into Maine Chapter outings last fall and been an important part of the winter and summer hiking series, sea kayak trips, and this year's land navigation workshop. He's shown here on the Austin Brook Trail near Gentian Pond campsite during a backpack in June.

Photo by Laura Flight

Conservation Commissioner to speak at two Maine Chapter functions

By John Mullens, Chair of Meetings and Education Committee

Eliza Townsend, Commissioner of the Maine Department of Conservation, will talk to the AMC Maine Chapter about her favorite state parks and other special places in Maine and what we need to do to protect and maintain them. The Commissioner's talk is scheduled for two locations: Brunswick on October 19 and Bangor on October 28.

Marking the 75th anniversary this year of Maine's State Park system with this address, the Commissioner is expected to highlight the work of the Maine Department of Conservation (MDOC) in protecting the special places of Maine that are highly valued by AMC members, state residents, and visitors alike. "I am honored to lead this department as we mark the 75th anniversary of the Maine State Park system," says Commissioner Townsend. "There are few responsibilities more important than maintaining our wondrous natural resources for all future generations. My goal is to balance the state's present needs with future responsibilities so that the wild, undeveloped, and special places in Maine are just as inviting 100 years from now as they are today."

"Mainers strongly value the wealth and diversity of natural resources within the state," says Carrie Walia, AMC Maine Chapter Chair. "AMC aims to protect the remaining wild places in Maine, a goal that is in harmony with many goals of the Maine DOC. It is these unique natural places that provide opportunities to more deeply reflect on our place in

the natural world and our responsibilities to make these places accessible to future generations. Many of us feel rejuvenated by simply enjoying our time in nature and that's what the state park system offers."

"The AMC is extremely fortunate to have Commissioner Townsend talk to us," said Peter Roderick, Past President of the chapter and current Co-Chair of the Trails Committee. "I have been on the AMC Maine Executive Committee for nearly ten years and this is a first for the Maine Chapter."

The MDOC is the natural resources agency within the state whose bureaus and staff oversee the management, development, and protection of Maine's most special places, including 17 million acres of forest, 10.4 million acres of unorganized territory, almost 600,000 acres of public reserved and non-reserved lands, and 48 state parks and historic sites that provide education, recreation, and renewal for both Mainers and visitors.

The public is invited to the Commissioner's two talks to the chapter to learn more about the state's special places including our state parks and historic sites, their history, features, and relevance for today and tomorrow. The Commissioner will give the same talk in each location so Mainers can choose the venue closest to their home.

On October 19, Commissioner Townsend will talk in the Morrell Room of the Curtis Memorial Library, 23 Pleasant Street, in Brunswick, Maine. A potluck dinner begins at 6 pm followed by the Commissioner's talk at 7 pm. Bring a potluck item and your own dinnerware (plate, utensils etc.). Drinks will be available. The talk is free and the public is invited.

On October 28, the Commissioner will talk in the meeting room of the Bangor Public Library, 145 Harlow Street, Bangor, ME, 04401. Her talk will begin at 6:30 pm. The talk is free and open to the public. Details on both talks can be found at amcmaine.org/calendar/ or email education@amcmaine.org.

Left: Conservation Commissioner Townsend with a rare Maine wood turtle



Support Land for Maine's Future Bond on Nov. 2, vote yes on 3

By Carrie Walia, Chapter Chair

On November 2nd Maine voters will decide on Question 3, a \$9.75 million Land for Maine's Future (LMF) bond. The bond includes \$7.5 for the traditional LMF Program, and the remainder is for state parks and for the newer, innovative working waterfront program.

This year's LMF bond is needed now more than ever. Conservation organizations (such as the AMC), local land trusts, sporting groups, state agencies, and others are working hard to provide greater public access to the Maine's outdoors while protecting our heritage. In the past fifteen years, Maine has doubled its protected lands to 17%, but that is not enough protected land statewide, especially in the most heavily forested and undeveloped state in the East. Our forestry, fishing, recreation and tourist industries need to be further guaranteed for the future state economy and the health of our communities.

In addition to going to the polls on November 2nd to vote "yes on 3," consider taking one of the following steps to help guarantee that the LMF program continues. Here's what you can do:

- **Write a letter** to your local newspaper's editor urging readers to vote "yes on 3."
- **Tell your friends and family** about the LMF program, how it has helped protect your favorite outdoor area, and ask them to support the bond.
- **Write or call your legislator** or candidates for the Legislature this summer and express your strong support for this program.
- **Contribute financially** to the "Yes on 3 Campaign" organized by Citizens to Save Maine's Heritage, 1 Bowdoin Mill Island Suite 201, Topsham, ME 04086.

LMF was developed in 1987 after citizens urged the state's leaders into action to protect treasured natural areas for future generations. Since then a series of four bonds were presented to the voters and all passed by strong 2 to 1 margins, resulting in \$117 million in public funding and saving an astounding 510,000 acres. Every dollar from LMF leverages \$3 in private or federal funding, greatly multiplying the potential for land conservation. The protected land includes 1,000 miles of shoreline, 158 miles of rail-trails as well as valuable wildlife habitat, entire islands, and working forests and farms.

To learn more about the program and the lands it has helped protect, visit the Maine State Planning Office at <http://www.maine.gov/spo/lmf/index.htm>.

If you have questions about how to take additional steps to support LMF, please contact AMC's Maine Policy Manager, Bryan Wentzell, at 207-725-2248 or bwentzell@outdoors.org.

AT thru hiker, and her Dad, join bog bridge work crew

By Laura Flight

On Saturday July 17 the Maine Chapter Trails Committee led a trail work day on the section of the Appalachian Trail (AT) it maintains for the Maine Appalachian Trail Club (MATC) in the Bigelow District. About 80-feet of badly bygone bog bridging was repaired, replaced, and refurbished over the course of the day.

Eight volunteers helped get this project done, and all worked together to accomplish the tasks at hand. Tony Barrett and Tim Flight provided much of the horsepower to transfer the materials the quarter of a mile to the work site. Peter Roderick and Peter Broderick planned the path for the planks. Maureen McCool was the maul-master and spiked most of the sections in place.

The day was also highlighted by a trail reunion. Emily Zimmerman of Machias started hiking the AT from Georgia this past spring.

Her father Mike, a longtime volunteer, inquired about the trail work day a month or more before its date as he was planning on meeting up with his daughter who would likely be on the AT in Maine

during that general time.

As the day approached, it looked like the planets were going to align and Emily would be in the Bigelow area on the trail work day. And as “Trail Magic” would have it, Emily came around the bend just as we were getting to the work site from the other direction! They both helped out with the project – many thanks!

The Trails Committee maintains nearly 35 miles of trails in Maine. There are generally two trips a month from mid-April through the beginning of November.

We are always looking for volunteers and there is NO experience required. Anyone who can hike can easily help maintain a trail! Contact Peter Roderick (roderick1027@fairpoint.net, 293-2704) or Keith Chapman (pproctor@maine.rr.com, 799-5212) for more information.

You can also check out the calendar on our web page (<http://www.amcmaine.org/calendar/> then filter by ‘Trail work’) for the schedule for the remainder of the season.

Photos by Tony Barrett

Clockwise from above right: Emily Zimmerman, Maureen McCool, Laura Flight, Peter Roderick



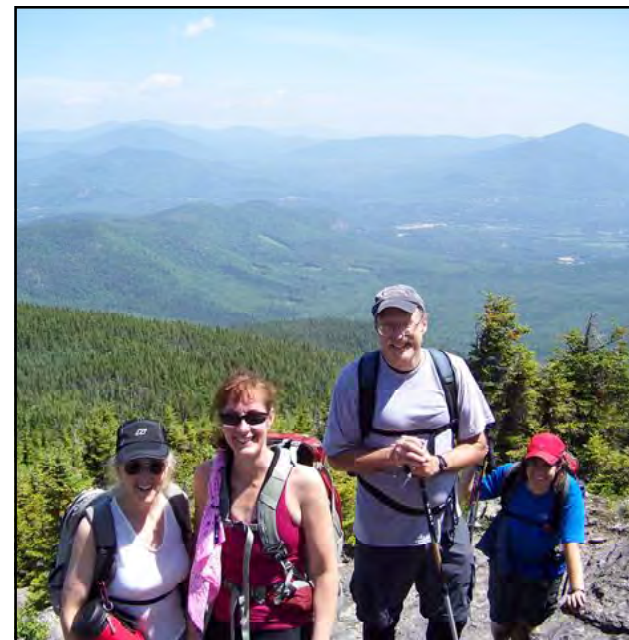
Volunteers always needed to man the Common Ground Fair booth

We need your help staffing the booth at the Common Ground Fair on Sept. 24-26. The fair is hosted by the Maine Organic Farmers and Gardeners Association (MOFGA) near Unity Maine (see <http://www.mofga.org/TheFair/tabid/135/Default.aspx>). Each year the AMC has a booth at the fair in the Environmental Concerns tent and we see hundreds of Mainers pass through the tent. It's a great opportunity to visit with AMC members and the public at large and learn about concerns as well as talk about the benefits of being a Maine Chapter AMC member. The booth contains information to hand out about AMC. We generally sell t-shirts and any other items the chapter has available.

Standing at a booth is fun when people stop by to talk so we lure them in. We generally post a question on a white board (something like "How many miles of the Appalachian Trail are in Maine?") and put out a raised map of central Maine. With these two items, it's easy to start a conversation and the time passes quickly.

Volunteers staff the booth two at a time for three hour shifts. In return volunteers receive a free ticket (usually \$10.00) to the Common Ground Fair for the day.

Please sign up to volunteer at the fair by contacting me (Jeanne Christie) at jeanne.christie@aswm.org or calling (207) 310-8708. Thank you!



Maine Chapter leader Deb Kantor (on left) and friends reach treeline on North Moat in June. Photo by Michelle Ogilvie

Harvesting trees is an important part of Maine Woods Initiative Activities

Travelers to AMC's Little Lyford Lodge and Cabins may encounter logging operations along the KI Road at certain times this summer. The thinning of spruce and fir stands there is part of the forest management plan developed by AMC for its 37,000-acre Katahdin Iron Works (KIW) property. The plan's focus is on sustainably harvesting timber in a way that leads, over time, to a more mature, diverse forest.

Formerly industrial forest, today approximately half of the property is in AMC's timber program, supervised by forest management consultant Huber Resources Corporation. The remainder is in a 10,000-acre ecological reserve and other no-harvest zones.

"A strong emphasis is put on protecting the aesthetic character of the forest and protecting important recreational and ecological resources, including trail corridors, wildlife habitat, wetlands, and water quality," says AMC Forest Ecologist Dave Publicover. Forestry is an important aspect of AMC's Maine Woods Initiative. Timber, a renewable resource, is a key component of the local economy, and wood harvested on the KIW property supplies local mills. Harvest income helps to offset such expenses as property taxes, road maintenance, and general operations, Publicover says.

Publicover and Huber consultants are also focused on integrating the recently acquired 29,500-acre Roach Ponds tract into their planning, collecting new aerial photography, conducting a forest inventory, updating maps, and monitoring the harvest.

Spruce and fir selectively thinned from stands along the KI Road will become lumber and pulpwood. Subsequently, increased light reaching the forest floor will allow other species, particularly hardwoods such as yellow birch and red maple, to take root, "leading to a more naturally diverse stand," says Publicover. Through that harvest, AMC is participating in a University of Maine-based research project designed to enhance understanding of the effects of sprucefir thinning, "so landowners can learn best practices," Publicover says.

Another ongoing learning experience lies in balancing the goals of AMC's timber management with its recreational objectives. "Last year was the first year we harvested north of the Appalachian Trail, and we had to pay much more attention to how we plan harvesting to avoid impacts to recreation," he says.

Maine Chapter AMC Order Form

Poly Shirts

Long Sleeve	Small	Medium	Large	X-Large	Sizing
Medium Blue	n/a	n/a	n/a		Unisex
Forest Green					Unisex
Light Blue			n/a	n/a	Women's
Total # of shirts=					
X \$20=					
Shipping and handling (up to 3 shirts) + \$4.95=					

Short Sleeve	Small	Medium	Large	X-Large	Sizing
Forest Green					Unisex
Light Blue				n/a	Women's
Total # of shirts=					
X \$17=					
Shipping and handling (up to 3 shirts) + \$4.95=					

Cotton Shirts

Short sleeve	Small	Medium	Large	X- Large	Sizing
Eggplant					
Serene Green				n/a	
Total # of shirts=					
X \$15=					
Shipping and handling (up to 3 shirts) + \$4.95=					

Zipper Pulls

With Maine Chapter logo

Note quantity to order	
x \$4=	
Shipping and handling (up to 3 pulls) + \$1.00=	

Contact information

Name _____
 Address _____
 Town/City _____
 State _____
 ZIP _____
 Phone _____
 E-mail _____

Total Cost= \$

Call or e-mail Deborah with any questions
debfl@fairpoint.net
 207-293-2225

Make check payable to:
 AMC- Maine Chapter

Send to:

Deborah Flight, PO Box 268, Mount Vernon, Maine 04352

Wilderness Matters

is the newsletter of the Maine Chapter of the Appalachian Mountain Club. Opinions expressed herein do not necessarily reflect the policies or views of AMC, or its MAINE Chapter.

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Maine Chapter Website

www.amcmaine.org

Connecting youth to the outdoors is an AMC priority

Early this summer, AMC's Maine Policy Associate, Lindsay Bourgoine, and Director of Education, Pam Hess, attended the Outdoor Foundation's Outdoor Nation Youth Summit in Central Park, New York City.

Five hundred youth from every state participated in the summit, which focused on brainstorming and prioritizing ideas on how to better connect youth to the outdoors. Hess spoke about AMC's experience with its **Youth Opportunities Program**, while Bourgoine served as a youth ambassador, helping to lead and facilitate the conference. The conference was sponsored by The Outdoor Foundation, The North Face, and The Conservation Fund, and Mobilize.org.

Discussions and recommendations were organized around the importance of connecting youth to the outdoors, and covered such topics as diversity, health and active lifestyles, media and culture, green jobs and outdoor careers, service, and recreation and education.

Top priority ideas were generated through an electronic instant voting method. Attendees also heard from Harris Sherman of the Department of Agriculture, Rhea Suh of the Department of the Interior, Jane Oates of the Department of Labor, and Amy Salzman of the Council on Environmental Quality, who all represented America's Great Outdoors, President Obama's initiative to connect America to the outdoors.

Youth were then able to prioritize ideas for this initiative in a listening session format. At the end, participants agreed that this should be an annual event, in order to allow the youth voice to be heard year after year. Within the next few weeks, Mobilize.org will finalize a report expressing all priorities of the summit, and for the first time, the nation will have a report on priorities for youth, from youth.

Share your ideas for breaking down barriers and connecting youth with the outdoors by visiting the <http://www.doi.gov/americasgreatoutdoors/>, the America's Great Outdoors website.




AMC's 2010 Fall Gathering
Sponsored by the Worcester Chapter
October 15-17, 2010
Prindle Pond Conference Center Hilltop, Charlton, MA

Join us for this club-wide event hosted by the Worcester chapter at Prindle Pond Conference Center Hilltop in Charlton, MA.

- Explore Central Massachusetts by hiking, cycling, paddling, rock climbing and more.
- Family-oriented activities will be offered so bring your children and grandchildren!
- Enjoy the camaraderie of fellow AMC members in the evening starting with a social hour followed by lively entertainment and a bonfire to wrap it all up!

Everyone is welcome! We'll see you there with boots on!

Room packages available, including meals, activities, and registration fee. Register by September 30, 2010. See www.amcfallgathering2010.com for more information and to register.



MAINE LIGHTHOUSE RIDE
Saturday 11 September
Eastern Trail Benefit

Includes 25, 40, 62, and 100-mile loop rides.
Marked routes with maps and cue sheets.
Sag wagon support. Rest stops.
Hot showers and hot food included with registration.

All rides start and end at Southern Maine Community College on sparkling Casco Bay. See up to 9 historic Maine lighthouses.

FMI or to register on-line before August 26 for discount and FREE fluorescent ride T-shirt, visit www.EasternTrail.Org. After 26 August, unlimited on-site ride day registration, but NO free T-shirt. FMI call 284-9260.

MLR supports The Eastern Trail Alliance campaign to build the 60-mile off-road greenway connecting Bug Light Park on Casco Bay with Strawberry Banke in Portsmouth, NH.