

Wilderness



Matters

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New edition of Maine Mountain Guide planned, your help needed

By Carey Kish

The venerable *AMC Maine Mountain Guide*, a trusted companion to countless hikers and backpackers over the years, is in the process of being revised, updated and expanded in preparation for publication of the 10th edition sometime in the spring of 2012.

Yours truly was selected as editor for the next guide and formally began the task in October. As any past editor can likely attest, I expect the project to be a heckuva lot of fun while at the same time being a whole lot of work and probably providing a few sleepless nights here and there.

The AMC folks in Boston have already been a tremendous help in getting the process kick-started and gently directed down the right path. Land managers, conservation organizations and recreation groups around Maine have eagerly offered their assistance, and many more folks will soon be contacted to be sure that all parts of the current guide get a proper look-see.

And that's what we're after ultimately: a thorough review of the existing guide from cover-to-cover, to check for accuracy of all the information on trails and mountains and such, as well as the introductory pages and the appendices and maps.

There will be many changes, and some deletions. But there will also be numerous additions, I'm certain. A lot has changed in the Maine woods and mountains since the 2005 printing. And so new trails and mountains will be proposed for inclusion; I can think of a few and I'll bet you know some as well. So please do let me know.

At this time, I'm searching for updated information on many trails, including:

- **Aroostook County:** Number Nine Mtn., Hedgehog Mtn., Round Mtn. Horseshoe Mtn., Priestly Mtn., Mt. Chase.
- **Greater Moosehead Lake Region:** Green Mtn., Little Russell Mtn., Number Four Mtn., Soubunge Mtn., Little Spencer Mtn.
- **100-Mile Wilderness:** Little Wilson Falls
- **East of the Penobscot:** Rider Bluff, Blackcap Mtn., Eagle Bluff, Woodchuck Hill, Big and Little Chick Hills, Lead Mtn., Peaked Mtn. (Washington County), Passadumkeag Mtn., Pocomoonshine Mtn.
- **Camden Hills:** Mt. Harris, Mt. Waldo

- **Southwestern Maine/Pleasant Mountain:** Rattlesnake Mtn., Ossipee Hill, Mt. Cutler, Burnt Meadow Mtn., Peary Mtn.
- **Oxford Hills/Evans Notch:** Streaked Mtn., Singepole Ridge, Crocker Hill, Bear Mtn., Bald and Speckled Mountains, Mt. Zircon, Mt. Tire'm
- **Weld Region:** Bald Mtn., Sugarloaf Mtn., Bull Rock
- **Rangeley/Stratton Region:** East Kennebago Mtn., West Kennebago Mtn., Snow Mtn., Kibby Mtn.
- **Kennebec Valley:** Monument Hill, Chase Hill, Coburn Mtn., Sally Mtn., Boundary Bald Mtn.

I'm also looking to identify the maintainer, be it an organization or individual, for all trails.

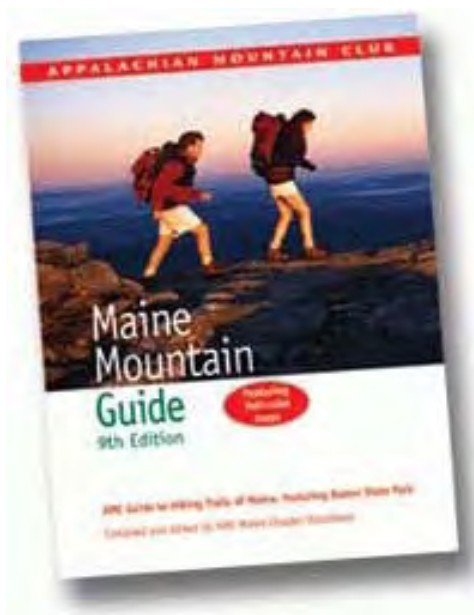
A project of this magnitude is only possible with the support, assistance and guidance of many people. A high quality product — a new guide with the most accurate up-to-date information as possible — is the desired end product.

And so I welcome your input and look forward to working with many of you to see this thing through. When all is said and done — and written — I expect that the people involved as much as the task itself will have been most satisfying and gratifying. My sincere thanks in advance.

Please send comments, information, words of encouragement to:

Carey Kish, Editor

AMC Maine Mountain Guide, 10th Edition
207-838-9669, maineoutdoors@aol.com



Gorman Lodge used local workers, contractors

GREENVILLE, Maine—More than 20 local workers, including a dozen local contractors, are employed in the construction of a new Appalachian Mountain Club (AMC) lodge on Long Pond near Greenville.

Gorman Chairback Lodge and Cabins, one of three backcountry sporting camps operated for the public by the AMC, is set to open Jan. 27, 2011. Since 2008, AMC crews have been refurbishing the traditional log cabins at the historic sporting camp, and local Moosehead area contractors have recently been building a new lodge to accommodate visitors with a dining room, reading area, and wood-fired sauna, as part of a \$2.3 million project.

The lodge is a Leadership in Energy and Environmental Design (LEED)-registered green building, with certification anticipated in 2011.

General contractor for the lodge construction project is Scott Appaneal Construction of Shirley. Site contractor is Theriault Construction of Greenville.

Building subcontractors are Joe LaBrecque and Shirley Bog Builders of Shirley and Joel Boone Construction of Greenville.

Other contractors employed in the project include A.E. Robinson of Greenville, HVAC and plumbing; John Cobb and East Road Electric of Greenville, electrical and solar; Tom St. Jean and St. Jean Masonry of Greenville; George Bakajza of Rockwood, septic design; Robert Mello of Rockwood, landscaping and road contractor; Scott Harding and Harding Construction of Greenville, barn contractor; and Steve Mason of Moosehead Water Wells, well drilling.

In addition, Hammond Lumber of Greenville is the main supplier of building materials for the lodge project, while Bailey Lumber in Milo has been the supplier for cabin renovation materials. Randy Coulton of Kamp Kamp in Greenville will be supplying authentic period furnishings, while Dominic Poiss of Maine House Furniture in Abbot will be handcrafting dining tables from trees cut from the lodge site. John Tatko and Sheldon Slate Products will be creating a slate hearth and mantel, as well as an engraved donor plaque.

“The opening of Gorman Chairback Lodge and Cabins is an exciting step in our Maine Woods Initiative, and we’re fortunate to have such talented local contractors and craftsmen helping us take that next step,” said Gary Dethlefsen, operations manager for AMC Maine Wilderness Lodges.

“The initiative seeks to support the ecological and economic needs of the region by creating new multi-day recreational experiences and attracting new nature-based tourism to the region while also supporting local forest products jobs.”

He noted that AMC’s property contains a network of more than 70 miles of recreational trails and ski routes open to use by the public, with more than 35 miles of new trail built since 2003. In addition, the club has created a new backpackers’ shelter on the property and has improved access trails to six backcountry ponds prized by anglers for their wild brook trout. “We really want our property to be a

recreational resource for the community, and we welcome area residents and visitors to explore and enjoy this great landscape,” Dethlefsen said.

AMC’s Greenville office recently relocated to 15 Moosehead Lake Road, and Dethlefsen said people are welcome to stop in and learn more about the recreational opportunities offered by the organization.

AMC is in the process of hiring a full-time lodge manager, adding to its full-time and seasonal staff of 29 in Piscataquis County. AMC pays both real estate and timber tax on its property, and its sustainable forestry operation uses Maine crews and directs timber to Maine mills.

The Gorman Chairback project is designed to provide outdoors enthusiasts with new, comfortable, and environmentally sustainable accommodations. Gorman Chairback is the newest stop on the lodge-to-lodge cross-country ski network created and managed by AMC for use by the public. Other AMC lodging properties along the route are Medawisla Wilderness Lodge and Cabins in Kokadjo and Little Lyford Lodge and Cabins in T7 R9. AMC partners with the fourth-generation family-owned West Branch Pond Camps, operated by Eric Stirling and Mildred Kennedy, to provide another lodging stop along the trail.

Gorman Chairback Lodge is powered by a photovoltaic system that harnesses solar power to serve electrical needs. Furnishings are provided courtesy of a generous donation from L.L. Bean. Home-cooked meals will be served in the lodge. Gorman Chairback is named for longtime AMC supporters and outdoor enthusiasts, Leon and Lisa Gorman.

The lodge and cabins are located on the shore of Long Pond, which offers fishing for wild brook trout and landlocked salmon. The newly refurbished cabins include wood stoves and gas lights.

The property is part of the 37,000-acre Katahdin Iron Works tract purchased from International Paper in 2003. AMC also purchased the 29,500-acre Roach Ponds tract, which abuts the Katahdin Iron Works parcel to the north, from Plum Creek in fall 2009.

Conservation easements on both properties guarantee public access for recreation in perpetuity.

Reservations are currently being taken for lodging at Gorman Chairback Lodge and Cabins at 603-466-2727, or online at www.outdoors.org. Staff at AMC’s Greenville office (207-695-3085) can also provide additional information.

Founded in 1876, the Appalachian Mountain Club is America’s oldest conservation and recreation organization. The nonprofit AMC promotes the protection, enjoyment, and understanding of the mountains, forests, waters, and trails of the Appalachian region.

Right: Maine Chapter leader Bill Brooke checks out the summit of Mount Jefferson in November; join him on February 26 to return to the summit on a winter hike.
Jeff Aceto photo.

AMC panel will debate wind

Is it possible to develop land-based wind power as a renewable energy source for Maine, while protecting the state’s ecological health, natural heritage, and scenic beauty?

Where does AMC stand on wind power, and how does it decide? Is the trade-off between energy independence and natural vistas a real one?

What are the facts about the possibilities and pitfalls of land-based wind power? Join us Mar. 31 at Fields Pond Nature Center, Holden, to hear a panel of speakers representing environmental groups, and the wind industry discussing land-based wind power in Maine and its potential contribution to energy production; its ecological, scenic, and recreational effects; and its relative costs and incentives.

The panel will be David Publicover, AMC’s senior staff scientist and wind power expert; Ted Koffman, Maine Audubon’s new executive director; a representative from First Wind, a developer of Maine wind farms; and as moderator Maine State Representative Bob Duchesne, Chair of the legislature’s Natural Resources Committee.

The forum will seek to be informative, balanced, and fair, and to help members identify important issues, their relationships, and their tradeoffs.

Co-sponsored by AMC Maine Chapter and Maine Audubon and held from 7-8:30pm, Maine Audubon’s Fields Pond Center at 216 Fields Pond Road, Holden, ME (about 15 minutes south of Bangor). Free and open to the public. John Mullens (207-361-1210, education@amcmaine.org).



Experience Mount Washington in winter at Brunswick Library potluck on February 28

By John Mullens

Ok, you can get this: What is the highest peak in New England, the mountain known for having the world's worst weather? Need a hint? Where do trailhead signs carry the following dire warning year-round: "The area ahead has the worst weather in America. Many have died there from exposure even in summer. Turn back now if the weather is bad."?

If you answered Mt. Washington, you're right. The highest peak in the northeast, the 6,288 feet summit of Mt. Washington, is renowned not only for its clear and distant views from the top but also for its unique and unforgiving weather pattern. The weather on and around the mountain has contributed to the deaths of 131 people on the mountain and necessitated the trailhead signs quoted above.

Here is your second question: Where in New England is the harshest, yet most sought-after posting for a meteorologist, where they stay on Eastern Standard Time year-round, work 12-hour shifts, 7 days a week, week on/week off?

This time if you answered the Mt. Washington Observatory, you're right again. Yes, the site of the world's worst weather is the ideal spot for an around-the-clock, around-the-year, fully-staffed weather observatory.

Not surprisingly, it is also a dream job for extreme weather meteorologists. The Observatory sits within the 52-acre Mount Washington State Park on the summit, amidst a collection of old and new buildings once known as the "City among the Clouds," a city that's been covered with rime ice during every month of the year. Yet, meteorologists compete to live and work there fulltime.

Want to know more? Meteorologist Sarah Long and observatory volunteer Steve Yenke will present an evening entitled "The Mt. Washington Observatory Inside and Out." Long and Yenke offer a unique dual perspective of Mt. Washington, first looking **outside** to examine why it's known as the "world's worst weather," then peeking **inside** the

Observatory at the lives of the people who spend their time measuring and monitoring conditions, forecasting, and educating about the magnificence and danger of the northeast's tallest peak, and how you can join them on the top.

For four years, Sarah Long was Chief Meteorologist and Summit Manager for the Mt. Washington Observatory. Now she is more down to earth. While maintaining her Mt. Washington connection as a member of the Mt. Washington Observatory's Board of Trustees, she now broadcasts the weather on Portland's WGME13.

Steve Yenke, an avid hiker and paddler from Lisbon Falls, was seeking a unique outdoor experience when he applied to be a summit volunteer. Successfully completing the prescribed application process assured the Observatory that Steve would be a strong contributor to their mission, not a volunteer to be rescued. And the rigorous application process made Steve aware of the dangers and responsibilities of volunteering in potentially harsh conditions.

This program blending meteorology and volunteering is Tuesday, February 22, in the Morrell Room of the Curtis Memorial Library, 23 Pleasant Street, in Brunswick, Maine. A potluck dinner begins at 6 pm followed by the presentation at 7 pm. Bring a potluck item and your own dinnerware (plate, utensils etc.). Drinks will be available. This talk is free and open to the public. Details at amcmaine.org/calendar/ or email education@amcmaine.org.

Maine Chapter Website Gets New Look and Feel

The Maine Chapter Website at www.amcmaine.org has a new look and feel. Chapter Webmaster Tim Flight has updated the site to a new template that will also be used by other AMC chapters.

But have no fear... the content has not changed! The calendar page on our website (our second most popular page) is still there and the link to it is more prominent on our home page. In addition, we will still have fresh information on outdoor related news and on upcoming activities on the home page.

And our picture banner is still displayed at the top of every page, featuring local scenes and Maine Chapter activities. So if you haven't visited our website in a while, please check it out!

Get Wilderness Matters electronically

Would you prefer to save the Chapter some funds and save a couple of trees? If so, you can opt to receive your Maine Chapter newsletter in PDF. If you prefer to only receive an electronic copy sent to your e-mail inbox for each issue, you can select this preference through AMC's Member Center (<http://www.outdoors.org/membership/member-center.cfm>). For complete instructions, please refer to the guide posted on the Maine Chapter website at: <http://www.amcmaine.org/wp-content/uploads/Member-Center-Guide.pdf>. If you have problems, e-mail: AMCinformation@outdoors.org or call 1-800-372-1758 Monday-Friday, 9-5 Eastern time.



Above: Maine Chapter hikers break out of treeline on Burnt Mountain in January 2010 with Sugarloaf in the background. Left: Mount Washington Observatory. Jeff Aceto, above and Mike Carrafiello, left, photos.

Bring on Winter 2010-2011! We have 40 trips to enjoy

By Jeff Aceto, Outings Chair

Break out your gaiters, snowshoes, and skis for a great winter of outings with the Maine Chapter! This will be the fourth year that we've had an organized winter series, which has grown from 7 to 23 to 32 trips in winter 2009-2010.

With over 300 attendees last winter, it's apparent that our goal to encourage members to get outside in winter is being successful. Our Winter 2010-2011 schedule will build on that success with 40 trips of many types and a broad range of abilities. Regardless of your ability or schedule, there's an opportunity for you to get outside in the "Fourth Season" with the Maine Chapter.

From my own experiences, I'm aware of the challenges of getting folks outside in the winter. Heck, it's darker, windier, wetter, and just darn cold! The Outings Committee has developed the Winter Series to help you overcome that discomfort and learn to appreciate winter in new ways. Thanks to Mother Nature, there's much more to a winter outing than reaching the summit and I hope our members take advantage of these great opportunities to explore.

Beginner Winter Hiking:

The Beginner Winter Hikes are intended for three-season hikers to discover how to get outside in winter and enjoy themselves in a comfortable and safe manner.

These trips will allow folks to gain winter experience and range from simple walks in the woods to hikes of 2 to 8 miles and climbs up 1,500 vertical feet.

Step out in snowshoes for the first time at

Bradbury Mountain, Camden Hills, or Crystal Spring Farms with leaders Roger David, Michelle and Stan Moody, and Kit Pfeiffer.

Hit the summit of Bald Mountain with Sarah Toner or enjoy the awesome views from Mount Willard with George Brown and David Littig.

Run the ridgeline of Mount Crawford with Sonny Martineau and Dennis Crispo or explore nature in winter with Peg Nation on Bald Pate Mountain in Bridgton. Whichever one you choose, the beginner trips are all intended to introduce winter conditions in an educational and lower-impact setting.

Advanced Winter Hiking:

The Advanced Winter Hikes are the source of many summit photos on walls and hiking stories told around a campfire. These trips are intended for experienced winter hikers who have the gear, knowledge, and conditioning to manage themselves in any terrain or weather condition in New England.

With vertical climbs of 2,000 to 4,500 feet and distances of 8 to 18 miles, these trips represent a higher degree of difficulty, situations, and challenge. Veteran leaders Joleen Rice and Mike D'Orio are at home in the White Mountains and will share the Tripyramids with you on February 5. You think you know the AT? Try climbing Saddleback on it in winter with Laura Flight for a new perspective. The Advanced Series finishes up with Lew Dow and Bill Brooke leading the way up 4,200 vertical feet to the Mount Washington summit via the difficult Lion's Head trail. If you're looking for like-minded folks for some adventure, our leaders have the experience, knowledge, and skills to take you there in a safe and controlled manner.

Cross Country Skiing:

At member request, the Outings Committee added cross country skiing to this year's Winter Series. These trips are intended to provide experiences of the Maine scenery of Maine on skis in a safe and social setting. Join Lorraine Hussey at Carter's in Bethel for a touring center experience or Carrie Walia and Sarah Keats at Five Fields Farm in Bridgton for some ungroomed terrain. Also, come celebrate Superbowl Sunday in a new way by making some downhill turns with Carolyn Welch at Mount Abram. For most of these trips, the physical challenge and pace will be low and the fun quotient will be high!

There are also a number of winter weekend trips scheduled that offer a mix of hiking, skiing, and camping. Join Wayne Newton for his annual Zealand Falls Hut weekend in January or enjoy a more civilized setting in Acadia National Park with Ginette Beaudoin and Don Parker. Beginner winter campers can learn a lot from Jason and Sarah Toner at Camden Hills and advanced campers can challenge themselves with Peter Roderick on a first-ever winter trip to the Grafton Loop Trail.

A new Outings feature throughout the year will be a First Friday series of trips led by Maine Chapter leader Lorraine Hussey. These trips will be held on the first Friday of the month and consist mostly of walks, with an emphasis on fun, low intensity, and beautiful scenery. Join her on January 7 for a walk at Crescent Beach State Park or February 4 for cross country skiing at the Harris Farm in Dayton.

Check out the Winter Series trip listings in this issue of Wilderness Matters which include trips through April 1, 2011. Please remember that the most current information can always be found on the Internet via our trip calendar at www.amcmaine.org/calendar. Winter trips are especially prone to be re-scheduled or changes due to weather and conditions, so staying informed on-line is a great idea.

So, don't let the Lion of Winter scare you! If you're not used to getting outside in winter, consider this your invitation from the Maine Chapter to explore the outdoors in a new way. Our leaders are excellent at creating appropriate challenges for our members that will leave you with remarkable stories and incredible memories. Regardless of ability, all of our winter trips are intended to send you home with the attitude of "That was great!" Thank you for participating in our outings and please contact me with any suggestions or improvements. The Outings Committee is looking forward to an awesome winter and I hope you join us on a trip soon. See you outside!

New Leader (photo at left): Congratulations to Deb Burke for becoming a Maine Chapter leader! Deb's favorite terrain is the western mountains of Maine and she did her mentor hike on Mount Abraham with George Brown. She enjoys hiking in all 4 seasons; look for her on a hike soon! Jeff Aceto photo.



Join chapter friends for our winter activities series

MEETINGS

Thu., Jan. 13. Maine Chapter Executive Committee

Meeting, Freeport. AMC Maine Chapter Executive Committee meets every odd month (January, March, May, July, September, and November) on the second Thursday. Important conservation topics, outdoor and educational activities, finances, and other items are discussed. Open to all. Meetings are held in upstairs meeting room of Freeport McDonald's, from 6:30-8:30pm. L Carrie Walia (chair@amcmaine.org).

Sat., Jan. 29-30. AMC Annual Meeting, Norwood, MA.

The 135th Annual Meeting of the Appalachian Mountain Club will be held Saturday, January 29, 2011, at The Sheraton Four Points Norwood Hotel and Conference Center in Norwood, MA. This year's speaker will be Dr. Char Miller, historian, award-winning author, and U.S. Forest Service history expert. Miller is the director and W.M. Keck Professor in the Environmental Analysis Program at Pomona College, Claremont, CA. He is the author of the award-winning *Gifford Pinchot and the Making of Modern Environmentalism* and *Ground Work: Conservation in American Culture*, among others. See link below for more info and to register. R Cindy Martell (617-391-6603 9:00am-5:00pm Monday-Friday, cmartell@outdoors.org).

Thu., Mar. 10. Maine Chapter Executive Committee

Meeting, Freeport. Maine Chapter Executive Committee meets every odd month (January, March, May, July, September, and November) on the second Thursday. Important conservation topics, outdoor and educational activities, finances, and other items discussed. Open to all. Meetings held in upstairs meeting room of Freeport McDonald's from 6:30-8:30pm. L Carrie Walia (chair@amcmaine.org).

EDUCATION

Tue., Jan. 18. Three-Time Through Hiker Spreads True

Stories of the AT, South Portland Library, South Portland. AMC Maine member Wayne Newton will present a talk highlighting stories and lessons gleaned from his three through hikes of the Appalachian Trail, including his most recent hike completed during the 2010 season. If you think an AT through hike might be in your future, or if you are considering through hiking or section hiking any long distance trail, you owe it to yourself to hear what Wayne has to say. Come to hear Wayne's wonderful storytelling in his famous inimitable laconic dry humor, to listen to his collection of AT tales, or to simply enjoy the vicarious experience of long distance hiking from the comfort of a chair in a warm room. Wayne will also bring his photo collection of his through hikes featuring the people, the views, and the flowers he encountered on his journeys. Wayne will seek audience questions, so think ahead about what you want to learn. The program will be in the meeting room of the South Portland Library, 482 Broadway, South Portland, Maine, where parking is available in the library lot off Highland Avenue. Potluck dinner will begin at 6:00pm followed by the presentation at 7:00pm. Attendees are encouraged to bring a potluck item and their own dinnerware (plate, utensils etc.). Drinks will be provided and plasticware will be available. Free and open to the public. L John Mullens (361-1210, education@amcmaine.org).

Wed., Jan. 26. 281 Miles of Snowdrifts: Hiking the Maine AT in Winter, Bangor Public Library, Bangor. Maine's 281-mile section of the Appalachian Trail is

generally considered to be the most difficult of the whole AT, even for trail-hardened thru-hikers nearing the end of their summer journey. But that's too easy for two Maine hikers. Instead, they chose to compound these most northern trail miles by hiking them in winter. Why would two otherwise sane people choose to slog through thigh-high drifts, sleep in sub-zero temperatures, and summit Katahdin in a snowstorm to complete this feat? Native Mainers Peter Roderick and Laura Flight will share their motivation, techniques, accomplishments, and chilling stories from their miles of winter trail breaking along the Appalachian Trail. On 1/26 beginning at 6:30PM, Peter and Laura will talk in the Upstairs meeting room of the Bangor Public Library, 145 Harlow Street, Bangor, Maine. L John Mullens (361-1210, education@amcmaine.org).

Tue., Feb. 22. Experiencing the World's Worst Weather, Curtis Memorial Library, Brunswick. Meteorologist Sarah Long and observatory volunteer Steve Yenke will present an evening called "The Mount Washington Observatory Inside and Out." See article, page 3, for more information. Held in the Morrell Room of Curtis Memorial Library at 23 Pleasant Street, Brunswick, ME. Potluck dinner begins at 6pm, followed by presentation at 7pm. Bring potluck item and own dinnerware (plate, utensils etc.). Drinks available. Talk is free and open to the public. L John Mullens (361-1210, education@amcmaine.org).

Tue., Mar. 29. Backpacking in the Middle of Lake Superior, Curtis Memorial Library, Brunswick. The Isle Royale National Park is a unique international biosphere reserve; 98 percent of it is designated wilderness, and it's surrounded by water and accessible only by boat or float plane. Intrepid adventurer Carey Kish found his way to the island and tackled the 42-mile Greenstone Ridge Trail, a wilderness footpath traversing the length of the island. Along the way, he experienced a glorious week-long hike that included the best of this beautiful setting in Lake Superior, from ridgetop views to pretty lakes to delicious thimbleberries. On March 29th, Carey will present a slideshow and talk to the Maine chapter about these adventures, also sneaking in a few words and photos on his additional visit to western national parks that should be on everyone's to-do list. Carey's talk is held in the Morrell Room of Curtis Memorial Library at 23 Pleasant Street in Brunswick, Maine. Potluck dinner begins at 6pm, followed by presentation at 7pm. Bring potluck item and own dinnerware (plate, utensils, etc.). Drinks available. Free and open to the public. John Mullens (361-1210, education@amcmaine.org).

Thu., Mar. 31. Land-Based Windpower in Maine, Fields Pond Nature Center, Holden. Is it possible to develop land-based wind power as a renewable energy source for Maine, while protecting the state's ecological health, natural heritage, and scenic beauty? See article, page 2 for more information. Co-sponsored by AMC Maine Chapter and Maine Audubon and held from 7-8:30pm, Maine Audubon's Fields Pond Center at 216 Fields Pond Road, Holden, ME (about 15 minutes south of Bangor). Free and open to the public. John Mullens (361-1210, education@amcmaine.org).

WALKING

Fri., Jan. 7. First Friday Walk, Cape Elizabeth, Come join

us at Crescent Beach State Park for a 3-mile beach/woods walk. L Lorraine Hussey (2077997494 before 9pm, randlhussey@zwi.net).

Fri., Mar. 4. First Friday Walk, Biddeford. 5-mile walk/snowshoe on new section of Eastern Trail in Biddeford, ME. L Lorraine Hussey (2077997494 before 9pm, randlhussey@zwi.net).

Fri., Apr. 1. First Friday Walk, Cape Elizabeth. 4-mile walk on Green Belt Trails in Cape Elizabeth, ME. L Lorraine Hussey (2077997494 before 9pm, randlhussey@zwi.net).

NATURE OUTINGS

Sun., Feb. 6. Naturalist Snowshoe Hike: Bald Pate Mountain, Bridgton. Join a naturalist-led snowshoe hike of approximately 2 miles RT at Loon Echo Land Trust Bald Pate Mountain Preserve in South Bridgton, ME. Enjoy views of Mount Washington, Pleasant Mountain, and the Sebago Lake area. L Peg Nation (583-2720 before 9pm, mjnation11@earthlink.net).

YOUNG MEMBERS

Sun., Feb. 20. Young Members: XC Skiing at Five Fields Farm, Bridgton. Young Members (and non-Young Members) invited to enjoy a day of XC skiing at Five Fields Farm and Bald Pate Mountain in South Bridgton. We'll wind up and down the mountain trails and through the apple orchard flats and hills, with some off-trail skiing if conditions are good. Approximately 5 miles. Intermediate XC skiing experience required. Day pass, \$12. Rentals available. L Carrie Walia (928-2277 before 8:30pm, carrie.amcme@yahoo.com), CL Sarah Keats.

CROSS COUNTRY SKIING

Sat., Jan. 15. XC Skiing at Carter's, Bethel. Enjoy a day of intermediate-to-advanced XC skiing at Carter's XC Ski Center in Bethel. Ski for approximately 9 kilometers/5 miles over moderate to some-difficult terrain, with views of the Mahoosuc and Presidential ranges. Day pass, \$14. Equipment rentals are available if needed. L Lorraine Hussey (799-7494, randlhussey@zwi.net), L Carrie Walia.

Sat., Jan. 22. XC Skiing at Pineland Farms, New Gloucester. Check out skiing at Maine's newest XC center! Join us for a day of skiing at Pineland Farms to explore its beautiful trail network. Ski approximately 4-6 miles on easy, groomed terrain through woods and fields. Day pass, \$13. Equipment rentals available if needed. Trip intended for never-ever and beginner XC skiers, and may include instruction on technique, winter clothing and gear, and heat management, as needed. L Jeff Aceto (650-5674, outings@amcmaine.org).

Fri., Feb. 4. First Friday XC Skiing at Harris Farm, Dayton, ME. Easy trails, easy pace. See link below for info on rentals, trail fees, etc. L Lorraine Hussey (2077997494 before 9pm, randlhussey@zwi.net).

Sat., Feb. 12. XC Skiing at Sugarloaf Outdoor Center, Carrabassett Valley. Join us for a day of intermediate XC skiing at Sugarloaf Outdoor Center in Carrabassett Valley. Ski approximately 6-8 miles on groomed terrain with views of the Bigelows and Crockers. Day pass, \$20. Equipment rentals available if needed. Plan on apres-ski event at L's home nearby. L Jeff Aceto (650-5674, outings@amcmaine.org).

First Friday walks and XC skiing: Something for everyone in our trips

DOWNHILL SKIING

Sun., Feb. 6. Downhill Skiing at Mount Abram, Greenwood. It's Super Bowl Sunday, and since most of fans will be at home, we'll pretty much have the slopes to ourselves. There will be plenty of time after skiing to get to Super Bowl parties before the 6:30pm kickoff! We'll have the corporate rate, \$39/adult, \$29/senior (just show membership card). Meet in lodge about 9am, and we can also work out some carpooling. Please contact L to register. L Carolyn Welch (725-8178, cwclch6789@gmail.com).

BEGINNER WINTER HIKING

Tue., Jan. 4. Camden Hills Snowshoe: Beginner Winter Hiking, Camden. Good way to start out the New Year with a beginner level mountain snowshoe or hike if not enough snow. Great for those who aren't ready for those big mountains, but still want to get great views. L Michelle Moody (319-7355 before 9:00pm, meamc@micstan.us), CL Stan Moody.

Sat., Jan. 8. Burnt Mountain: Beginner Winter Hiking, Carrabassett Valley. If you're new to winter hiking, here's your chance to bag a snow-topped mountain! Mid-winter hike to 3595' summit of Burnt Mountain. Outstanding views of Sugarloaf, Abraham, Crockers, and Bigelows. 6 miles total with rise of 1600' vertical. Easy pace, intended for beginner hikers with full winter gear and some winter hiking experience. L Jeff Aceto (outings@amcmaine.org), L Jason Toner (jandstoner@roadrunner.com).

Sat., Jan. 15. Mount Crawford: Beginner Winter Hiking, WMNF. Winter hike to Mount Crawford summit (3119'). Moderate 5-mile RT hike along Davis Path to open summit peak with excellent views. For trailhead map, insert N 44.12044 W 71.35414 into website below, and adjust view. L Sonny Martineau (490-1305, sonnymart27@yahoo.com), L Dennis Crispo (978-858-0394, highpt@cliffhanger.com).

Sat., Jan. 15. Rumford Whitecap: Beginner Winter Hiking. Winter beginner hike to open summit of Rumford Whitecap. 4 miles RT over moderate grades at a relaxed pace. Great opportunity to learn more about basics of winter gear and conditions. Sense of adventure and humor required. L George Brown (585-2259 before 9:00pm, gwbrown@tds.net), CL Jim Radmore (357-4184 before 9:00pm, jradmore@zwi.net).

Sun., Jan. 23. Little Bigelow: Beginner Winter Hiking, Carrabassett Valley. Experience winter hiking on one of Maine's most revered mountain ranges! We'll ascend Little Bigelow (casually referred to in oxymoron-speak as "Little Big") via the Appalachian Trail. The 3.5 miles to the summit gains 1750' and includes some open ledges and a stream crossing. Total hike is 7 miles. Open ledges afford some great views without the risk of full summit exposure. Come experience moderately steep terrain in winter in a low-risk setting. Intended for beginner winter hikers. Snowshoes with cleats, crampons, or heavy-duty traction system (such as Katoola's Microspikes) required. L Laura Flight (215-5306 before 9:00pm, flyrodflight@systemfolder.com), CL Jason Toner (649-2448 before 9:00pm, jandstoner@roadrunner.com).

Sat., Jan. 29. Speckled Mountain - Beginner Winter Hiking. Speckled Mountain (elev. 2906') hike with 9 miles with 2306' elevation gain. Challenging beginner hike on very moderate trail at an easy pace. Snowshoes and some sort of traction device required. L Lewis Dow (890-8512, lwsdow@yahoo.com), CL Jennie Warner (229-1368 before 9:00pm).

Sat., Feb. 12. Snowshoe at BTLT Winterfest: Beginner Winter Hiking, Brunswick. Nice easy snowshoe at Crystal Springs Farm, Brunswick, along woods trails and farm fields. If you've never been snowshoeing before, come and learn how! Great beginner and/or family outing. Joint venture with Brunswick/Topsham Land Trust at their Winterfest. L Michelle Moody (319-7355 before 9pm, meamc@micstan.us), CL Stan Moody.

Sun., Feb. 13. Bald Mountain (Weld): Beginner Winter Hiking. Join us for winter hike to summit of Bald Mountain in Weld (2370'). RT distance 3 miles with steady climb to open ledges and 360-degree views at the summit. Snowshoes and winter traction device (like Microspikes) required. Relaxed pace. Great opportunity to experience summit exposure in low-elevation setting. L Roger David (737-2737 before 9:00pm, rogerdavid@earthlink.net), CL Sarah Toner (453-8371 before 9:00pm, jandstoner@roadrunner.com).

Sat., Feb. 19. Welch/Dickey Loop: Beginner Winter Hiking, NH. Enjoy winter views of Waterville Valley from these two open peaks and rocky slopes on a 4.4-mile loop. Crampons required. For trailhead map, insert: N 43.90443 W 71.58852, into website below and adjust view. L Sonny Martineau (490-1305, sonnymart27@yahoo.com), L Dennis Crispo (978-858-0394, highpt@cliffhanger.com).

Sat., Feb. 19. Cranberry Peak: Beginner Winter Hiking, Carrabassett Valley. From Stratton via Bigelow Range Trail to the AT, then south to Route 27. 7.8 mile hike includes summit of Cranberry Peak and views Cranberry Pond. Great views of Bigelows and Carrabassett Valley. This hike is intended for hikers who have gained experience on previous beginner series hikes and have the appropriate gear and physical conditioning. L Peter Roderick (293-2704 before 9:00pm, roderick1027@fairpoint.net).

Sat., Feb. 26. Ragged Mountain: Beginner Winter Hiking, Rockport. Beginner snowshoe (or hike with spikes if not enough snow) from Thornton Brook parking lot on Hope Street in Rockport, ME (just north of Route 17), up the west side of Ragged Mountain and down the ledge trail to the Barnestown Road parking lot in Camden, at the top of the hill past the Camden Snow Bowl. Beautiful wooded trails along a stream, and two ledge stop-offs with views, one to the west, the other to the east. Elevation change is 800' with a few steep sections. Through-hike distance is 4 miles. Estimated time for trip is 4-5 hours. Plenty of time to head to Camden apres-snowshoe for hot drinks and good new stories to tell! L Kit Pfeiffer (446-9768 before 9pm, kit_pfeiffer@yahoo.com), L Roger David (737-2933 before 9pm, rogerdavid@earthlink.net).

ADVANCED WINTER HIKING

Sat., Jan. 8. Mount Moriah: Advanced Winter Hiking, WMNF. Moderate 9 miles RT with 3400' elevation gain to this New Hampshire 4000-footer, via Carter-Moriah trail. Full winter gear required. L Lewis Dow (890-8512 before 9:00pm, lwsdow@yahoo.com), L Wayne Newton (897-3072 before 9:00pm).

Sat., Jan. 22. Baldpate, Grafton Notch: Advanced Winter Hiking. Starting from the Old Speck parking lot in Grafton Notch SP, hike to West Peak (3662') and East Peak (3780') of Baldpate, 3.8 miles. RT 7.6 miles at moderate pace. Full winter gear required. L Bill Brooke (207 549 5100 before 9:00pm, bill@mesoft.org), CL Brian Strothmann (brinan@beeline-online.net).

Sat., Feb. 5. North and Middle Tripyramids: Advanced Winter Hiking. Two 4,000-footers via Pine Bend Brook Trail (Kancamagus Highway side). 9.6 miles with 3100' elevation gain with some steep sections. Moderate pace. Good physical conditioning, winter experience, and winter gear (snowshoes, crampons, full face protection, insulated boots) required. L Joleen Rice (892-2685 6:30-9pm, jrice@verrilldana.com), CL Mike D'Orio (892-2685 6:30-9pm).

Sat., Feb. 19. Old Speck: Advanced Winter Hiking, Grafton Notch. Maine's third highest peak. 8 miles with 2800' elevation gain and spectacular views will require full winter gear. Moderate challenge for those with some winter experience. L Peter Broderick (778-0801, coolbrod@zwi.net), CL George Brown (585-2259, gwbrown@tds.net).

Sat., Feb. 19. Saddleback via AT: Advanced Winter Hiking, Rangeley. Ascend one of Maine's 4000-footers in winter! We'll climb 2500' and hike over 5.5 miles on the AT to the summit of Saddleback (conditions permitting), then retrace our steps. 11 miles RT. Pass by two mountain ponds, and 2 miles of above-treeline travel. Snowshoes with cleats and full crampons required. L Laura Flight (215-5306 before 9:00pm, flyrodflight@systemfolder.com), CL Lew Dow (890-8512 before 9:00pm, lwsdow@yahoo.com).

Sat., Feb. 26. Mount Jefferson: Advanced Winter Hiking, WMNF. Better late than never, let's try for this 5716' Presidential peak the weekend after President's Day. Ascend 2900' vertical over 3.7 miles via Jewell Trail ("the Cog" will be just over your right shoulder to the south). Intersect Gulfside Trail (AT) and proceed north 1.4 miles to the summit, gaining another approximately 250' vertical. Last 2.5 miles to the summit will have full exposure to prevailing winds, so weather will be a factor in our progress. Descend via same route. Snowshoes with cleats and full crampons required; self-arrest ice-axe recommended. Experienced winter hikers. L Laura Flight (215-5306 before 9:00pm, flyrodflight@systemfolder.com), CL Bill Brooke (bill@mesoft.org).

Sat., Mar. 5-6. Katahdin: Advanced Winter Hiking, Baxter State Park. Few hikers get the chance to touch the Katahdin summit sign in winter! Join us for a single day 18-mile RT to Baxter Peak via Abol Slide Trail. Trip includes 5-mile ski/snowshoe to Abol Slide Campground, a 1.5 mile snowshoe to the base of Abol Slide, 2.5 miles in crampons or snowshoes to the summit, and returning by the same route. Total vertical climb is 4500'. Full winter gear. Required equipment includes snowshoes with cleats, full crampons, self-arrest ice-axe, and climbing helmet. Hike is very challenging. Day trip to Katahdin summit may last between 12 and 15 hours. Intended for very experienced winter hikers with high level of fitness, who can demonstrate proficiency for Baxter State Park permitting requirements. Hikers should be prepared to have flexible schedules: trip will have a primary weekend of 3/5-6, with summit attempt on either day as weather permits. If weather does not cooperate on primary weekend, secondary weekend of 3/12-13 will also be planned, with summit attempt on either day as weather permits. Night before Millinocket accommodations will be arranged. L Jeff Aceto (outings@amcmaine.org), L Spencer Meyer.

Sat., Mar. 19. Mount Washington: Advanced Winter Hiking, WMNF. Mount Washington (elev. 6288') trip of 8.6 miles with 4,270' elevation gain. Strenuous hike at moderate pace. Full winter gear required. L Lewis Dow (890-8512 before 9:00pm,

BACKPACKING, CAMPING

Sat., Jan. 15-17. Camden Hills Winter Camping: Beginner Winter Series, Camden Hills State Park. Trekking with the Toners on this beginner winter camping/backpack trip. This is intended as a fun and easy introduction into winter camping. Learn the fundamentals of winter camping with the convenience of a heated shelter. Start at the Camden Hills State Park parking lot and hike 2.5 miles into the ski shelter via the groomed multi-use Trail. Participants will have the option of setting up a tent or use the insulated heated shelter for base camp. Multiple day trip options for snowshoeing from shelter. No experience is needed to come along; education and fun are this trip's goals! L Jason Toner (649-2448, jandstoner@roadrunner.com), L Sarah Toner (453-8371)(jandstoner@roadrunner.com).

Sat., Jan. 15-17. Zealand Falls Hut Weekend: Beginner Winter Series, WMNF. Martin Luther King weekend at Zealand Hut. Join us for our annual winter weekend at beautiful Zealand Hut. Saturday snowshoe or ski 6.3 miles on roads and trails. Sunday climb a 4000-footer, take an easy snowshoe, XC ski, or just lounge around the hut. Bring wine and cheese to share for Sunday night, if you want. Monday, back out. \$99 covers two nights lodging, two great dinners and breakfast. Limited space; reserve early. This trip is part of the Beginner Winter Series. L Wayne Newton (897-3072, hikerfig@myfairpoint.net), CL Roger David (rogerdavid@earthlink.net), CL Susan Sharkey.

Fri., Jan. 21-23. XC Skiing/Snowshoeing Weekend, Acadia National Park, Bar Harbor. Hit the trails of Acadia for two days of snowshoeing and/or XC skiing. No crowds and lots of views! Arrive on Friday, and depart Sunday. Lodging at downtown Bar Harbor hotel. \$110/double, \$170/single (queen bed), \$190/single (king bed). Private bath, refrigerator, phone, and WiFi. Meals in restaurants. Bring snacks for happy hour Friday and Saturday. L Ginette Beaudoin (ginette4000@yahoo.com), L Don Parker, R Ginette Beaudoin (66 Graham Street, Biddeford, ME 04005, ginette4000@yahoo.com).

Sat., Mar. 5-7. Grafton Loop Backpack: Advanced Winter Series, Grafton Notch. Let's try something different: hike the eastern half of the GLT. Winter backpacking in Grafton Notch area. Tent camping along 21-mile stretch of the GLT from Puzzle Mountain to East Baldpate Mountain on the AT, then west on the AT to Grafton Notch. Planning on two days and one night to complete journey, but building in an additional day and night in case they are needed. L Peter Roderick (293-2704 before 9pm, roderick1027@fairpoint.net).

Sat., Mar. 19-20. Little Bigelow Backpack: Beginner Winter Series, Carrabassett Valley. Spend the final weekend of winter backpacking in the Bigelows. Great way to finish off winter, for hikers, trying winter. Camp at Little Bigelow Mountain shelter on the AT and hike to the summit of Little Bigelow. L Peter Roderick (293-2704 before 9:00 pm, roderick1027@fairpoint.net).

Volunteer Opportunities and Vacancies!

- ❖ Conservation chair
- ❖ Newsletter editor
- ❖ Trails co-chair
- ❖ Trip leaders
- ❖ Members to support the activity of the following committees: Meetings & Education, Membership/Public Relations, Maine Woods Initiative, Outings, Trails, Young Members and more!

If you would like to learn more about these volunteer opportunities, please reach out to Paul Hahn, Nominating Committee chair, at nominating@amcmaine.org or (207) 222-2837.

Maine Chapter AMC Order Form

Poly Shirts

Long Sleeve	Small	Medium	Large	X-Large	Sizing
Medium Blue	n/a	n/a	n/a		Unisex
Forest Green					Unisex
Light Blue			n/a	n/a	Women's

Total # of shirts= _____

X \$20= _____

Shipping and handling (up to 3 shirts) + \$4.95= _____

Short Sleeve	Small	Medium	Large	X-Large	Sizing
Forest Green					Unisex
Light Blue				n/a	Women's

Total # of shirts= _____

X \$17= _____

Shipping and handling (up to 3 shirts) + \$4.95= _____

Cotton Shirts

Short sleeve	Small	Medium	Large	X- Large	Sizing
Eggplant					Unisex
Serene Green				n/a	Women's

Total # of shirts= _____

X \$15= _____

Shipping and handling (up to 3 shirts) + \$4.95= _____

Zipper Pulls *With Maine Chapter logo*

Note quantity to order _____

x \$4= _____

Shipping and handling (up to 3 pulls) + \$1.00= _____

Contact information

Name _____
 Address _____
 Town/City _____
 State _____
 ZIP _____
 Phone _____
 E-mail _____

Total Cost= \$

Call or e-mail Deborah with any questions
debfl@fairpoint.net
 207-293-2225

Make check payable to:
 AMC- Maine Chapter

Send to:

Deborah Flight, PO Box 268, Mount Vernon, Maine 04352

Wilderness Matters

is the newsletter of the Maine Chapter of the Appalachian Mountain Club. Opinions expressed herein do not necessarily reflect the policies or views of AMC, or its MAINE Chapter.

Send all address corrections to: AMC
5 Joy Street
Boston, MA 02108

Send newsletter submissions to: Bob Cummings
616 Main Road
Phippsburg, ME
443-2925
drummor@gmail.com

Chapter Executive Committee

Chair: Carrie Walia, 221 Birch Ave., Stoneham, 04231, 928-2277, cell: 890-8824, chair@amcmaine.org.

Vice-Chair: Larry Dyer, 10m Homestead Rd, Casco, ME 04015, 655-9097, vice@amcmaine.org.

Regional director: Sam Jamke, 96 Jenkins Road, Bedford, NH 03110, 603-472-2538, samjamke@myfairpoint.net.

Secretary: Diane Edwards, 273 State St, Portland, 04101, 775-0224, secretary@amcmaine.org.

Treasurer: Denise Courtemanche, 9 Bailey Lane, Brunswick, 04011, 725-6285, treasurer@amcmaine.org.

At Large: Paul Hahn, 11 Pioneer Circle, Gorham, 04038, home: 222-2837, cell: 400-9515. Scott Dyer, 568 Union Hill Rd, Stow, 04037, 233-5758. Both can be reached from atlarge@amcmaine.org.

Outings: Jeff Aceto, 31 Woodland Road, Durham, 04222, 650-5674, outings@amcmaine.org

Nominating: Paul Hahn, 11 Pioneer Circle, Gorham, 04038, 222-2837, nominating@amcmaine.org.

Membership: Mara Kruze, 37 Knubble Road, Georgetown, 04548, 371-2844, membership@amcmaine.org.

Trails: Peter Roderick, 1027 Watson Pond Road, Rome, 04963, 293-2704. Keith Chapman, 175 Evans Street, South Portland, 04106, 799-5212. Both can be reached from trails@amcmaine.org.

Newsletter: Bob Cummings, 616 Main Road, Phippsburg, 04562, 443-2925. Brenda Cummings, 64 Pearl Street, Bath, 04530, 443-5993. Both can be reached from newsletter@amcmaine.org.

Meetings & Education: John Mullens, 41 Bayberry Lane, Cape Neddick, 03902, 361-1210, education@amcmaine.org.

Young Members: Carolyn Arcand, 459 Allen Ave. #22, Portland, 04103, 807-1480, youngmembers@amcmaine.org.

Maine Woods Initiative: Peter Roderick, 1027 Watson Pond Road, Rome, 04963, 293-2704. Scott Dyer, 568 Union Hill Rd, Stow, 04037, 233-5758. Both can be reached at mwi@amcmaine.org.

Webmaster: Tim Flight, 2014 Pine Rd, Carrabassett Valley, 04947, 650-6809, cell: 512-2366, web@amcmaine.org.

Past Chair: Laura Flight, 27 Adell Lane, Readfield, 04355, 215-5306, past_chair@amcmaine.org.

AMC Staff: Bryan Wentzell, Maine Policy Manager, 30 Exchange St., Portland, ME 04101, 899-0150, bwentzell@outdoors.org. Gary Dethlefsen, MWI Office, PO Box 310, Greenville ME 04441, 695-3085, gdethlefsen@outdoors.org.

Maine Chapter Website

www.amcmaine.org

Maine Chapter Executive Committee adds MWI Committee

By Peter Roderick

Along with the traditional committees that comprise the Maine Chapter Executive Committee such as Outings, Trails and Conservation there is now a new one - the Maine Woods Initiative Committee. The mission of the MWI Committee is "to support AMC's Maine Woods Initiative through volunteer efforts developed by and coordinated through the Maine Chapter."

The Maine Woods Initiative is the Appalachian Mountain Club's strategy for land conservation in the 100-Mile Wilderness region. The Initiative combines *outdoor recreation, resource protection, sustainable forestry and community partnerships*. The strategy represents the most significant investment in conservation and recreation in the AMC's 130-year history. The Initiative seeks to address the ecological and economic needs of the Maine Woods region by supporting local forest products jobs and traditional recreation, creating new multi-day recreational experiences for visitors, and attracting new nature-based tourism to the region.

The committee hopes to provide ways for Maine Chapter members to become more involved in supporting the club's efforts in the Maine north woods now owned by the AMC. Included in the 100 square miles of land that this initiative involves are three wilderness lodges, dozens of trails, lakes, rivers and streams as well as several mountains and part of the 100-mile wilderness portion of the Appalachian Trail, including a 10,000 acre ecological reserve.

The mission of the chapter's MWI Committee is to support AMC's Maine Woods Initiative through volunteer efforts developed by and coordinated through the Maine Chapter. The MWI Committee's goals are to support AMC's objectives for the area, to wit: to address regional ecological and economic needs through outdoor recreation, resource protection, sustainable forestry, and community partnerships. Specifically, the Chapter's MWI Committee is responsible to do the following:

- Develop and provide opportunities for AMC volunteers to experience the Maine woods in activities that support outdoor recreation opportunities, encourage nature-based tourism, involve local students, and promote sustainable forestry.
- Eliminate or diminish barriers to volunteer participation; recruit volunteers from Maine and elsewhere; develop opportunities for the Maine Chapter to recreate together and develop an identity with the Maine woods; work with and obtain guidance from AMC staff including MWI-based managers on how best to focus volunteer efforts to achieve AMC short-term needs and long-term objectives; provide one member, usually the chair, to participate on the MWI Recreation Task Force; publicize the recreational opportunities in the MWI, including its natural resources, Maine wilderness lodges, trails, and shelters, through Chapter publications, Chapter-organized outings and evening events, and personal contact.

The members of the MWI committee are: Scott Dyer, co-chair, mwi@amcmaine.org; Peter Roderick, co-chair, mwi@amcmaine.org; David McCarthy, drmccarthy@aol.com; John Mullens, education@amcmaine.org; Peg Nation, mjnation11@earthlink.net; Roger David, rogerdavid@earthlink.net. Please contact any of us if you have questions or suggestions for us. We will find a way to help you get involved if you will give us the opportunity.

Volunteers will provide information at the Greenville AMC office, and assist with hospitality and information, grounds keeping, trip leading and nature walks along with trail work and other tasks. Volunteer schedules are structured so that volunteers have free time during their visits to explore the area and its many unique features. both on land and water.

If you have an interest or life experience that you would like to offer as a volunteer, chances are the AMC staff in the north woods can find some way for you to contribute. With their help we can likely create a volunteer opportunity for you, no matter what your interest or experience might be. Give us a try and feel good about supporting the AMC's mission here in Maine.

See you in the north woods,

Peter Roderick (293-2704, mwi@amcmaine.org)