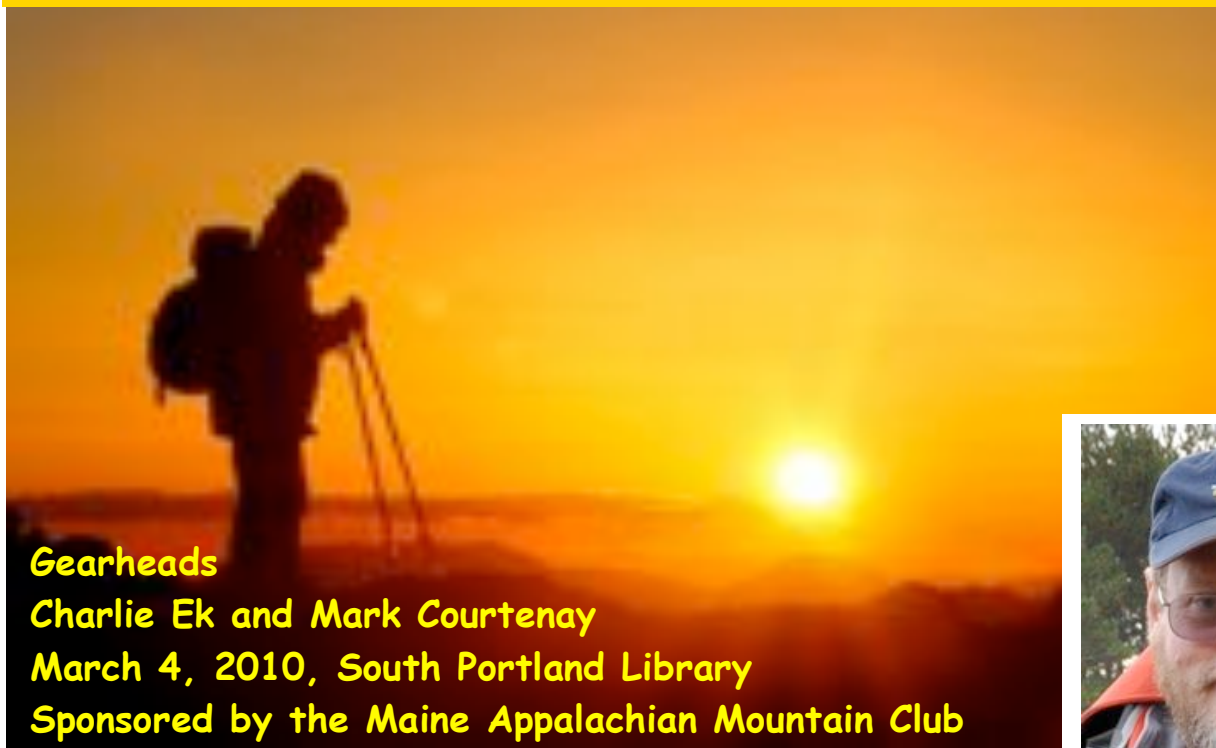


# Ultralight Hiking and Packing Gear vs. Traditional Gear



Free—  
Public  
Warmly  
Invited

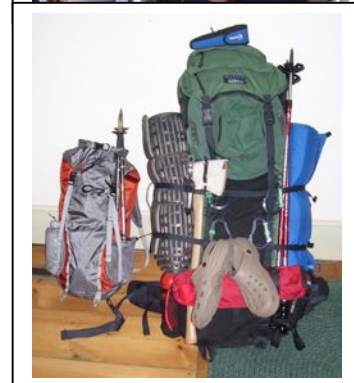


## **Gearheads**

**Charlie Ek and Mark Courtenay**

**March 4, 2010, South Portland Library**

**Sponsored by the Maine Appalachian Mountain Club**



When Bill Bryson, author of "A Walk in the Woods," and friend Steve Katz set out to hike the Appalachian Trail, they brought two very different styles of packing to the trailhead. **Gearheads Charlie Ek and Mark Courtenay** will explain, demonstrate, and compare gear for traditional hiking and backpacking to new gear for ultralight trips. They will empty their respective packs, compare the weight and functionality of each item, and let you decide which approach will work best for you. If you like to hike or backpack, are intrigued by some of the new gear you see in shops, or are aware of how much heavier your pack feels recently, then this evening is for you.

A potluck dinner will begin at 6 pm; the presentation at 7 pm. Bring a potluck item to share and your own dinnerware (plate, utensils etc.). Drinks will be available. For more information, go to [AMCMaine.org](http://AMCMaine.org) or email Education Chair John Mullens at [education@amcmaine.org](mailto:education@amcmaine.org)

**March 4, 2010, Thursday, 6pm Potluck, 7pm Presentation  
South Portland Public Library, 482 Broadway, South Portland, ME**